

# Get Rythm

拍数: 34      墙数: 4      级数: Novice  
编舞者: Jp Barrois (FR) - August 2023  
音乐: Get Rhythm - Alex Klein



The dance begins after 16 counts, the singer gives the start "One two three four..."

**[1-8] R Scuff , R Step forward, Shuffle forward twice L and R, L Rock forward**

1-2                Scuff R – Step R forward (12:00)  
3&4                Step L forward - Step R next L – Step L forward (12:00)  
5&6                Step R forward – Step L next R - Step R forward (12:00)  
7-8                Rock L forward – Recover on R (12:00)

**[9-16] L Coaster step, R Rock forward, R Side Shuffle ¼ R, L Cross Shuffle**

1&2                Step L back - Step R next L – Step L forward (12:00)  
**Restart on 9th wall to 12:00**  
3-4                Rock R forward – Recover on L (12:00)  
5&6                Step R ¼ to R - Step L next R – Step R to R (3:00)  
7&8                Cross L over R – Step R next L - Cross L over R (3:00)

**[17-24] R Side Rock , L Side Rock , R Rock forward , L Rock forward**

1-2                Rock R to R – Recover on L (3:00)  
&3-4                Step R next R – Rock L to L – Recover on R (3:00)  
&5-6                Step L next R - Rock R forward – Recover on L (3:00)  
&7-8                Step R next L– Rock L forward – Recover on R (3:00)

**[25-32] L Coaster step, R Step Turn ¼ to L, R Cross Shuffle , L Shuffle forward ¼ L**

1&2                Step L back – Step R next L – Step L forward (3:00)  
3-4                Step R forward – Turn ¼ L and weight on L (12:00)  
5&6                Cross R over L – Step L next R – Cross R over L (12:00)  
7&8                Step L ¼ to L – Step R next L – Step L forward (9:00)

**Restart on 3rd and 7th walls to 3:00 and on 10th wall to 9:00**

**[33-34] R Kickball Step**

1&2                Kick R forward - Step R next L – Step L forward

**Final on count 16 when music stops to 12:00**

Stepsheet in English and French on Copperknob and Video of the dance available on Youtube

Last Update - 17 Sept. 2023 - R1