

Clap Your Hands

拍数: 72 墙数: 0 级数: Phrased
编舞者: Julia Radtke (DE) - August 2023
音乐: Clap Your Hands - Kungs



Intro: 8 Counts, Dance starts 6:00
A*AA BCC BCC AAAA BCC B

Part A

[1-8] Out-Out with Clap, Toe-Heel Swivel, 2x Back, Point back, ½ Turn right

- 1-2 RF Step right, Clap – LF Step left, Clap
- 3-4 swivel Both Toes to the middle – swivel both heels to the middle
- 5-6 RF Step back – LF Step back
- 7-8 RF point back – ½ Turn right, weight on LF

A* Start First A to 6:00

Part B

[1-8] RF Cross Rock, Triple Side w. ¼ Turn, ¼ Turn right with Toe Strut, ½ Turn right, Drag

- 1-2 RF cross in front of LF – Recover on LF
- 3&4 RF Step right – LF close next to LF – ¼ Turn right, RF Step forward (3:00)
- 5-6 ¼ Turn right, LF touch left (6:00) – put left Heel down
- 7-8 ½ Turn right, RF big Step right – drag LF to RF

[9-16] Close, Cross, Side, Behind, Side, Jazz Box & LF close next to RF

- 1-4 RF Cross in front of LF – LF Step left – RF cross behind LF – LF Step left
- 5-8 RF cross in front of LF – LF Step back – RF Step right – LF step forward

[17-24] 2x Toe Strut with Hip Lift, Step ½ Turn, Step fwd., Drag

- 1&2 RF touch forward – Bump right hip up – Drop down right Heel
- 3&4 LF touch forward – Bump left hip up – Drop down left Heel
- 5-6 RF Step forward – ½ Turn left, weight at the end on LF
- 7-8 RF big step forward – drag LF to RF

[25-32] Close, 2x Toe Strut with Hip Lift, Step ½ Turn, 2x Step fwd & LF close next to RF

- 1&2 RF touch forward – Bump right hip up – Drop down right Heel
- 3&4 LF touch forward – Bump left hip up – Drop down left Heel
- 5-6 RF Step forward – ½ Turn left, weight at the end on LF
- 7-8 RF Step forward – LF Step forward

Part C

[1-8] Grapevine right w. Touch, Side, Behind w. Hitch, Side, Behind w. Hitch

- 1-4 RF Step right – LF Cross behind RF – RF Step right – LF touch next to RF
- 5-6 LF Step left – RF cross behind LF, lift left Knee up
- 7-8 LF Step left – RF cross behind LF, lift left Knee up

[9-16] Side, Touch, ¼ Turn, Touch, ¼ Turn Touch, Side Touch

- 1-2 LF Step left – RF touch next to LF, Clap
- 3-4 ¼ Turn left, RF step right – LF touch next to RF, Clap
- 5-6 ¼ Turn left, LF Step left – RF touch next to LF, Clap
- 7-8 RF Step right – LF touch next to RF, Clap

[17-24] Grapevine left w. Touch, Side, Behind w. Hitch, Side, Behind w. Hitch

- 1-4 LF Step left – RF Cross behind LF – LF Step left – RF touch next to LF

5-6 RF Step right – LF Cross behind RF, lift right Knee up
7-8 RF Step right – LF Cross behind RF, lift right Knee up

[25-32] Side, Point, Side, Close, Double Knee Pop Twice, Swivel

1-2 RF Step right – LF point left, clap the ground with in front of RF

Option: Instead of clapping ground, you can clap above your head

3-4 LF step left – RF close next to LF

&5 pop both knees forward – Drop heels down

&6 pop both knees forward – Drop heels down

7&8 swivel both toes tot he left – swivel both heels tot he left – swivel both toes tot he left

Last Update: 16 Feb 2024
