

# My Heart Goes

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Cameron Stuart (USA) & River Sadlon (USA) - August 2023  
音乐: Head & Heart (feat. MNEK) - Joel Corry



## INTRO: 16 COUNTS

### [1-8]: KICK-BALL-STEP X2, ROCK, RECOVER, TRIPLE 1/2 TURN

1&2      1)Kick R forward, &)Step ball of R next to L, 2)Step forward on L  
3&4      3)Kick R forward, &)Step ball of R next to L, 4)Step forward on L  
5-6      5)Rock forward on R, 6)Recover on L  
7&8      7)1/4 turn right stepping on R, &)Step together with L, 8)1/4 turn right stepping on R

### [9-16]: ROCK 1/4 TURN, CROSS TRIPLE STEP, POINT R-L-R, HITCH, STEP

1-2      1)Step forward on L, 2) 1/4 turn R shifting weight to R  
3&4      3)Cross L over R, &)Step R to R side, 4)Cross L over R  
5&6&      5)Point R to R side, &)Step R next to L, 6)Point L to L, &)Step L next to R  
7&8      7)Point R to R side, &)Hitch R knee in front, 8)Step R to R side

### [17-24]: SAILOR STEP, BEHIND-SIDE-CROSS, 1/4 TURN X2, BEHIND-SIDE-CROSS

1&2      1)Step L behind R, &)Step R to R side, 2)Step L to L side  
3&4      3)Step R behind L, &)Step L to L side, 4)Cross R over L  
5-6      5)Step L to L side making 1/4 turn L, 6)Step forward on R making 1/4 turn L  
7&8      7)Step L behind R, &)Step R to R side, 8)Cross L over R

### [25-32]: DOROTHY STEP X2, MAMBO STEP, COASTER STEP

1-2&      1)Step diagonal out with R, 2)Step L behind R, &)Step forward on R  
3-4&      3)Step diagonal out with L, 4)Step R behind L, &)Step forward on L  
5&6      5)Rock forward on R, &)Recover on L, 6)Step back on R  
7&8      7)Step back on L, &)Step R next to L, 8)Step forward on L

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