Lara's Dance



拍数: 32 **墙数:** 4 **级数:** Beginner

编舞者: Kathy Riley (USA) - August 2023 音乐: Oklahoma City - Zach Bryan



Dance begins on vocals, after 16 counts and moves clockwise, weight is on Left

Section 1 1-4 5-8	Step Lock Brush, Step Lock Brush, (1) Step RF forward, (2) Lock LF behind RF, (3) Step RF forward, (4) Brush LF beside RF (5) Step LF forward, (6) Lock RF behind LF, (7) Step LF forward, (8) Brush RF beside LF
Section 2	K Step with a 1/4 turn Right ending on 3:00
1-4	(1) step RF Diagonally forward to the right, (2) Touch LF to RF, (3) Step LF back diagonally to the L, (4) Touch RF back to LF
5-8	(5) Step RF to right side making a 14 turn right to 3:00 wall, (6) Touch LF to RF, (7) step LF to the Left Side, (8) Touch RF to LF
Section 3	Full Turn to the Right Tap, Full Turn to the Left Tap
1-4	(1) Facing 3;00, 1/4 RF to 6:00 (2) 1/4 Turn LF To 9:00, (3) 1/2 turn RF 3.00 (4) Tap LF next to RF
5-8	(5) Facing 3:00,1/4 LF to 12:00 (6) 1/4 Turn RF to 9:00, (7) 1/2 turn LF 3:00 8) Tap RF to LF
Section 4	Forward Mambo Tap Right, Side Mambo Tap Left
1-4	(1) Rock RF Forward, (2) Recover on LF, (2) Step RF back, (4) tap LF
5-8	(5) Rock LF to Left Side, (6) Recover on Right, (7) Step LF to RF, (8) Tap RF

Repeat dance

****There are 4 tags with 4 counts on wall 4, 6, 9 and 11. Sway hips back and forth Right, Left, Right, Left There is one Restart followed by the tag on wall 9

Last Update: 6 Jun 2025