Feel Good Too



拍数: 32 墙数: 4 级数: Improver

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音乐: Feel Good Too - Jason Mraz



#48 count intro; start dance at :25 in music

ROCK & 1/4 TURN LEFT SAILOR STEP, STEP 1/4 TURN LEFT, CROSS & CROSS

1-2	Step left foot left as you rock your hips to the left, rock hips to the right shifting weight to right foot
3&4	Cross left foot ¼ turn left behind right, step right foot next to left, step left foot to the left side
E G	Chan right foot forward, atom left foot 1/ turn left

5-6 Step right foot forward, step left foot ¼ turn left

7&8 Cross right foot over left, step left foot slightly left, step right foot crossed over left

GRAPEVINE LEFT, ROLLING VINE RIGHT, CLAP 2X

1-2	Step left foot to the left, Cross right foot behind left
3-4	Step left foot to the left, touch right toe next to left
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5-6 Step right foot ½ turn on the right side, step left foot next to right

7&8 Step right foot ½ turn on the right side, clap, clap as you touch left toe next to right

SKATE LEFT, SKATE RIGHT, SWAY

1&2	Slide left foot diagonally forward left, slide right foot next to left, slide left foot diagonally
	forward left
3&4	Slide right foot diagonally forward right, slide left foot next to right, slide right foot diagonally

forward right

5-8 Step left foot to the left side as you sway your hips left, sway hips right, left, right

STEP TOE STEP KICK, 1/4 PADDLE TURN RIGHT, STOMP, STOMP

1-2 Step left foot on the left side, touch right toe behind you

3-4 Step right foot next to left, kick left foot forward

5&6& Step left foot 1/8 to the right as you pivot on the ball of your right foot, step down on your

right, step left foot 1/8 to the right as you pivot on the ball of your right foot, step down on

your right

7-8 Stomp left foot, stomp right foot next to left.

(Optional styling: try a roll punch in the air with your left arm as you paddle turn.)

*16 COUNT TAG: END OF WALL 3 AT 1:15 IN MUSIC:

Complete all of wall 3, then dance freestyle for 16 counts! Do your thing and express yourself while being aware of the amount of space around you! Just end on count 16 with your weight on your right foot and facing the same wall as end of wall 3, so you can dance wall 4.

(Note: song has a quiet ending; complete wall 12 to the end of the song.)

Add your own style and have fun!!

Gregory F. Huff © 8/2023

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