

# Best Days

**COPPER** KNOB  
STEPPERS

拍数: 64      墙数: 4  
编舞者: Annika Domke (DE)  
音乐: Best Days - Anastacia



Sequence: AAA ABB\* AAB BTagB BBB

Start the dance after 16 counts

## Part A: 32 counts

### A1 Double-Step-Touch, 2x Step-Touch

1 2 3 4      Rf step to right side, Lf close beside Rf, Rf step to right side, Lf touch beside Rf  
5 6 7 8      Lf step to left side, Rf touch beside Lf, Rf step to right side, Lf touch beside Rf

### A2 Grapevine, 3-Step-Turn

1 2 3 4      Lf step to left side, Rf cross behind Lf, Lf step to left side, Rf touch beside Lf  
5 6 7 8      ¼ turn right Rf step forward, ¼ turn right Lf step to left side, 5/8 turn right Rf step to right side, Lf touch beside Rf facing 1:00

### A3 Jazzbox ¼ turn, Rocking Chair

1 2 3 4      Lf forward cross Rf, ¼ turn left step Rf back, 1/8 turn left step Lf to left side, step Rf forward facing 9:00  
5 6 7 8      Lf step forward, recover weight on Rf, Lf step backward, recover weight on Rf

### A4 Double-Step-Touch, 2x Step-Touch

1 2 3 4      Lf step to left side, Rf close beside Lf, Lf step to left side, Rf touch beside Lf  
5 6 7 8      Rf step to right side, Lf touch beside Rf, Lf step to left side, Rf touch beside Lf

## Part B (32 counts)

### B1 Chasse 1/8, cross-side, Sailor-Step, cross-side

1&2 3 4      Rf step to right side, Lf close beside Rf, 1/8 turn right Rf to right side, Lf step forward, ¼ turn left Rf step to right side  
5&6 7 8      Lf cross behind Rf, step Rf to right side, step Lf slightly to left side, 1/8 turn left step Rf forward, step Lf to left side

### B2 2x Sailor-Step, turn, Mambo-Side

1&2 3&4      Rf cross behind Lf, Lf step to left side, step Rf slightly to right side, Lf cross behind Rf, step Rf to right side, step Lf slightly to left side  
5 6 7&8      ¼ turn right step Rf forward, ¾ turn right close Lf beside Rf, Rf to right side, recover weight on Lf, Rf close beside Lf

**Alternative: only turn a half turn, but notice, that in this case you'll change the turn of the choreo for part B to right**

## B\* dance only B1 and B2

### B3 Step Step ½ turn left, Chasse, 2x Cross Point fwd

1 2 3&4      Step Lf forward, step Rf fwd ½ turn to left, Lf to left side, Rf close beside Lf, Lf to left side  
5 6 7 8      Rf cross over Lf, Lf point to left side, Lf cross over Rf, Rf point to right side

### B4 Jazzbox ¼ right with Chasse, V-Step with Coaster Step

1 2 3&4      Rf cross over Lf, Lf back and ¼ turn to right, Rf to right side, Lf close beside Rf, Rf to right side  
5 6 7&8      Lf diagonal fwd, Rf diagonal fwd, Lf step back, Rf close beside Lf(&), Lf step forward

Tag 24 counts

**T1 Double-Step-Touch, 2x Step-Touch**

1 2 3 4            Rf step to right side, Lf close beside Rf, Rf step to right side, Lf touch beside Rf  
5 6 7 8            Lf step to left side, Rf touch beside LF, Rf step to right side, Lf touch beside Rf

**T2 Double-Step-Touch, 2x Step-Touch**

1 2 3 4            Lf step to left side, Rf close beside Lf, Lf step to left side, Rf touch beside Lf  
5 6 7 8            Rf step to right side, Lf touch beside Rf, Lf step to left side, Rf touch beside Lf

**T3 2x Rocking Chair**

1 2 3 4            Rf step forward, recover weight on Lf, Rf step backward, recover weight on Lf  
5 6 7 8            Rf step forward, recover weight on Lf, Rf step backward, recover weight on Lf

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