One Drink in for 2 (P)

级数: Beginner Partner

编舞者: Guy Dubé (CAN) & Nancy Milot (CAN) - August 2023

音乐: One Drink In - Donice Morace

Intro: 16 counts. Start in Close Western position.

拍数: 32

The man facing LOD and the lady facing RLOD.

Steps Description

[1-8] M : (WALK FWD), SHUFFLE FWD, ROCKING CHAIR

[1-8] L : 2X (WALK BACK), SHUFFLE BACK, ROCKING CHAIR

- 1-2 M : Walk forward with RL
 - L : Walk back with LR
- 3&4 M : Shuffle forward with RLR
- L : Shuffle back with LRL
- 5-6 M : Rock forward on step L, recover on R
 - L : Rock back on step R, recover on L
- 7-8 M : Rock back on step L, recover on R
 - L : Rock forward on step R, recover on L

[9-16] M : 2X (SHUFFLE FWD), ROCKING CHAIR

[9-16] L : SHUFFLE FWD in 1/2 TURN R, SHUFFLE BACK in 1/2 TURN R, ROCKING CHAIR

- 1&2 M : Shuffle forward with LRL
 - L : Shuffle forward in 1/2 turn to right with RLR
- *** On count 1, the man raises with his L hand the lady's R hand over her head.
- M : Shuffle forward with RLR 3&4
 - L : Shuflle back in 1/2 turn to right with LRL

*** You are now in Close Western position.

- 5-6 M : Rock forward on step L, recover on R
 - L : Rock back on step R, recover on L
- 7-8 M : Rock back on step L, recover on R
 - L : Rock forward on step R, recover on L

[17-24] M : 1/4 TURN R and STEP SIDE, TOUCH, CHASSÉ to R, ROCK BACK, 1/8 TURN L and SHUFFLE FWD

[17-24] L: 1/4 TURN R and STEP SIDE, TOUCH, CHASSÉ to L, ROCK BACK, 1/8 TURN and SHUFFLE BACK 1-2

- M: 1/4 turn to right and step L to left side, touch R together L
 - L: 1/4 turn to right and step R to right side, touch L together R

*** On count 1, touch both L hands, palm to palm.

- 3&4 M : Chassé to right side with RLR
- L : Chassé to left with LRL
- 5-6 M : Rock back on step L diagonally to left, recover on R
 - L : Rock back on step R diagonally to right, recover on L
- *** On count 6, L arms in extension.
- 7&8 M: 1/8 turn to left and shuffle forward with LRL
 - L: 1/8 turn to left and shuffle back with RLR
- *** On count 7, you are now in Close Western position.

Restart : At the 3rd repetition of the dance, do the first 24 counts and restart the dance from the beginning.

[25-32] M : 2X (WALK FWD), SHUFFLE FWD, 2X (WALK FWD), SHUFFLE FWD





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[25-32] L : 2X (WALK BACK), SHUFFLE BACK, FULL TURN R, SHUFFLE BACK

- 1-2 M : Walk forward with RL
 - L: Walk back with LR
- 3&4 M : Shuffle forward with RLR
- L : Shuffle back with LRL
- 5-6 M : Walk forward with LR
 - L : 1/2 turn to right and step R forward, 1/2 turn to right and step L back
- *** On count 5, the man raises the lady's R hand over her head.
- *** On count 6, you are now in Close Western position. M : Shuffle forward with LRL
- 7&8
- L : Shuffle back with RLR

ENJOY AND HAVE FUN! GUY & NANCY

Last Update: 11 Oct 2023