

My Lolita

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
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音乐: LOLA LOLITA - Pedro Panama



No Tag and No Restart

Intro : 32 Counts

S.I : Cross Shuffle R-L , Mambo step

1&2 Cross R over L – ball L behind R – cross R over L
3&4 Cross L over R – ball R behind L – cross L over R
5&6 Step R fwd – recover L – step R back
7&8 Step L back – recover R – step L fwd

S.II : Side mambo Cross R – L , $\frac{3}{4}$ turn R , Crisscross

1&2 Step R to side – recover on L – cross R over L
3&4 Step L to side – recover on R – cross L over R
5&6 $\frac{3}{4}$ turn R Cross R over L – step L to side – cross R over L
7&8 $\frac{1}{2}$ turn L Cross L over R – step R to side – cross L over R

S.III : Point touch fwd , Hips bump , Weave

1&2 Touch R diagonally Fwd with hips bumps fwd – back – fwd (weight on L)
3&4 Step R behind L – step L to side – Cross R over L
5&6 Touch L diagonally Fwd with hips bumps fwd – back – fwd (weight on R)
7&8 Step L behind R – step R to side – Cross L over R

S.IV : $\frac{1}{4}$ L turn , Side , $\frac{1}{4}$ turn L , sailor step fwd , Lock fwd , Botafogo R – L

1 $\frac{1}{4}$ L turn Stepping R to side
2&3 $\frac{1}{4}$ L turn Stepping L behind R – step R side – step L fwd
&4 Lock R behind L – step L fwd
5&6 Cross R over L – step L to side – on R in place
7&8 Cross R over L – step L to side – on R in place
