# Heartbroke Out of My Mind



拍数: 32 墙数: 4 级数: Beginner

编舞者: Sandy Kelly (CAN) - August 2023

音乐: Heartbroke Out of My Mind - Brooks & Dunn: (iTunes)



#### Starts on vocals - Rt. Foot Start

#### FAN, TRIPLE IN PLACE 2X, RT FOOT & LT FOOT

Move Rt Toe out to side & back, Triple in place (R,L,R) (like cha,cha,cha) 1,2, 3&4

5,6, 7&8 Move Lt Toe out to side & back, Triple in place (L,R,L)

## MAMBOS 2 FORWARD, 2 SIDE

1&2	Rock fwd onto Rt, Recover back on Lt, Step Rt next to Lt
3&4	Rock fwd onto Lt, Recover back on Rt, Step Lt next to Rt
5&6	Rock out to Rt side on Rt foot, Recover on Lt foot, Step Rt be

7&8 Rock out to Lt side on Lt foot, Recover on Rt foot, Step Lt beside Rt

## HEEL HOOK, HEEL FLICK, 4 COUNT VINE TOUCH 2X To RT To LT (1/4 left turn)

1,2,	Tap Rt Heel fwd & angled rt, Bend knee and Hook Rt leg in front of Lt
3,4	Tap Rt Heel fwd & angled rt, Bend knee and Flick Rt leg behind Lt
5,6,7,8	Step Rt to Rt side, Step Lt behind Rt, Step Rt to Rt side, Tch Lt toe

1,2 Tap Lt Heel fwd & angled It, Bend knee and Hook Lt leg in front of Rt 3,4 Tap Lt Heel fwd & angled It, Bend knee and Flick Lt leg behind Rt 5,6,7,8 Step Lt to Lt side, Step Rt behind Lt, Step Lt to Lt side, Tch Rt toe (Use 2nd vine to make a 1/4 Left turn)

EMAIL: sandrakelly9@hotmail.com