Maghdalena

拍数:80

级数: Phrased Improver

编舞者: Wandy Hidayat (INA) - September 2023

音乐: Magdalena - Don Omar & Maluma

Intro : 16 Counts No Tag - No Restart Sequence : A BB C A BB C AA BB C

PART A (32 counts)

Section A1. FORWARD MAMBO, BACK MAMBO, ¼ L SAMBA WHISK, SAMBA WHISK

- 1&2 Step R forward, recover on L, step R back
 3&4 Step L back, recover on R, step L forward
 5&6 ¼ turn L step R to side, cross L behind R, recover on R
 280 Step L back, recover D back ind L measurement
- 7&8 Step L to side, cross R behind L, recover on L

Section A2, A3 & A4. Repeat section A1

PART B (16 counts)

Section B1. PIVOT 1/2 L (2X), SIDE TOUCH (2X), SIDE, TOGETHER, SIDE

- 1 4 Step R forward, ½ turn L step L in place, Step R forward, ½ turn L step L in place
- 5&6& Step R to side, touch L next to R, Step L to side, touch R next to L
- 7&8 Step R to side, step L next to R, step R to side

Section B2. CROSS, RECOVER, SIDE, BACK, RECOVER, SIDE, SIDE TOUCH (2X), SIDE, TOGETHER, SIDE

- 1&2 Cross L over R, recover on R, step L to side
- 3&4 Step R back, recover on L, step R to side
- 5&6& Step L to side, touch R next to L, Step R to side, touch L next to R
- 7&8 Step L to side, step R next to L, step L to side

PART C (32 counts)

Section C1. SYNCOPATED FORWARD DIAG. LOCK SHUFFLE, FORWARD MAMBO, BEHIND, SIDE CROSS

1&2& Step R forward diagonal (01.30), lock L behind R, Step R forward diagonal, lock L behind R
3&4 Step R forward diagonal, lock L behind R, Step R forward diagonal
5&6 Step L forward, recover on R, step L back
7&8 Cross R behind L, step L to side (back to 12.00), cross R over L

Section C2. SYNCOPATED FORWARD DIAG. LOCK SHUFFLE, FORWARD MAMBO, BEHIND, SIDE

CROSS

- 1&2& Step L forward diagonal (10.30), lock R behind L, Step L forward diagonal, lock R behind L
- 3&4 Step L forward diagonal, lock R behind L, Step L forward diagonal
- 5&6 Step R forward, recover on L, step R back
- 7&8 Cross L behind R, step R to side (back to 12.00), cross L over R

Section C3. SAMBA WHISK R-L, VOLTA FULL TURN R

- 1&2 Step R to side, cross L behind R, recover on R
- 3&4 Step L to side, cross R behind L, recover on L
- 5&6& ¼ turn R step R forward, step L next to R, ¼ turn R step R forward, step L next to R





墙数:1

7&8 ¼ turn R step R forward, step L next to R, ¼ turn R step R forward (12.00)

Section C4. SAMBA WHISK L-R, VOLTA FULL TURN L

- 1&2 Step L to side, cross R behind L, recover on L
- 3&4 Step R to side, cross L behind R, recover on R
- 5&6& ¼ turn L step L forward, step R next to L, ¼ turn L step L forward, step R next to L
- 7&8 ¼ turn L step L forward, step R next to L, ¼ turn L step L forward (12.00)