Yesterday



拍数: 32 墙数: 4 级数: Advanced

编舞者: Hiroko Carlsson (AUS) - September 2023

音乐: Yesterday - Tiësto: (Spotify/Apple Music/Deezer)



Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)

(Intro: 32 counts)

[S1] Kick Ball-Sten	Kick-Rall-Tan-&	Rehind w/ Sween	Behind-1/4R-Kick-Ball-Tap-1/4L-
10 I I NICK, Dall-Olep,	Nick-Dail- I ab-a.	Delillia W. OMEED.	. Dei III Iu- 1/41 \-Kick-Daii- I ab- 1/4L-

1 2&	Kick forward on R, Ball step R in place, Step forward on L
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Kick diagonally forward on R, Ball step R in place, Tap L toe behind, Step L to the side 3&4&

5 Step R behind L sweeping L around

Step L behind R, Make a ¼ turn right stepping forward on R (3:00) 6& Kick diagonally forward on L, Ball step L in place, Tap R toe behind 7&8 & Make a ¼ turn left stepping back on R (12:00)-prep for triple turn L

[S2] -Triple 3/4L, 2x Swivet R, 1/4R, Coaster Step, 1/2R

1&2	Making a 3/4 turn triple step left on L-R-L complete the step by positioning your feet shoulder-	_

width apart (3:00)

&3	Twist both toes to R weight on R heel and ball of L, Return to the centre
&4	Twist both toes to R weight on R heel and ball of L, Return to the centre

Make a 1/4 twist by turning on the balls of both feet (12:00) 5 6&7 Step back on L, Step R next to L, Step forward on L

Make a ½ turn right recover weight on R (6:00) 8

[S3] Side, Back Rock, Side-Behind-1/4R Shuffle Fwd, Step-Pivot 1/4R-Touch Across, Scissor-Cross-

1 2&	Ctool	to the side	Rock back on	D Donlage	waisht as I
1 / 7	Sten i	to the side	Rock back on	R Replace	weight on i

3& Step R to the side, Step L behind R

4&5 Make a ¼ turn right stepping forward on R (9:00), Step L close, Step forward on R

Step forward on L, Make a 1/4 turn right recover weight on R (12:00), Touch L toes across R 6&7

Step L to the side, Step R next to L, Cross L over R 8&1

[S4] -1/4L-Side-Touch Across, 1/4L w/ Hitch, 1/4R, Fwd, Chase Turn 1/2R-Fwd

2&3 Make a ¼ turn left stepping back on R (9:00), Step L to the side, Touch R toes across L

4 Make a swift ¼ turn left stepping back on R /hitch L knee forward (6:00) 56 Step down on L foot making a 1/4 turn right (9:00), Step forward on R

7&8 Step forward on L, Make a ½ turn right recover weight on R (3:00), Step forward on L

No tags or restarts

Ending suggestion: The last wall finishes facing 3:00. Make a 1/4 turn left stepping R to the side (12:00)

(updated: 6/Sept/23)