## Italodisco 2023

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拍数: 64 墙数: 1 级数: Improver 编舞者: Adelaine Ade (INA) - September 2023 音乐: ITALODISCO - The Kolors Sequences: 64,16c tag, 32, 4c tag, 32, 4c tag, 48,16c tag, 32, 4c tag, 64,16c Restart, 64 ending S1. WALKS R L, DOUBLE SIDE KICK, SAILOR STEP R L Step RF forward over LF, Step LF forward over RF (While doing walks, raise both hands up over head and move to right and left like wave) Step RF side kick, Step RF side kick (weight on LF) Cross RF behind LF, Step LF to L side, Step RF to R side Cross LF behind RF, Step RF to R side, Step LF to L side S2. ROCK FORWARD, RECOVER, ½ TURN R SHUFFLE (2X), ROCK BACK, RECOVER Rock R forward, recover on L Turn ¼ R step R to R side, close L beside R, ¼ turn R step R forward Turn ¼ R step L to L side. Close R beside L, ¼ turn R step L backward Rock R backward, recover on L ## RESTART S3. VINE R, ROLLING VINE L. Step R to right side, Step L behind R, Step R to right side, Touch L next to R (Prep), 1/4 Turn left - step L forward, 1/2 turn left - step R back, 1/4 Turn left - step L to left side, R brush S4. STEP FWD, TOUCH FWD, STEP BACK, TOUCH BACK, X 2, Step R forward, Touch L forward as you lean back slightly, Step L back, Touch R back, as you lean forward slightly, Step R forward, Touch L forward as you lean back slightly, Step L back, Touch R back, as you lean forward slightly, ## TAG 4C & RESTART S5. HEEL TOUCH R L, DOUBLE BUMP R L, (WITH CLAP, CLAP ON BUMP L) R heel Touch twice, (&), L heel Touch twice (&) Step R diagonally forward on R as you Double Bump right, weight on R Step L diagonally forward on L as you Double Bump left with Clap hands twice, S6. L DIAGONAL BACK, TOUCH, R DIAGONAL BACK, TOUCH, BACK, BACK, L COASTER STEP, Step L to diag back, Touch R next to L, Step R to diag back, Touch L next to R, Step back on L, Step back on R, Step L back, step R beside L, step L fwd ##TAG 16C & RESTART S7. ¼ JAZZ BOX. ¼ JAZZ BOX. Cross R over L, ¼ turn right - stepping L back, Step R to right side, Step L slightly forward Cross R over L, 1/4 turn right - stepping L back, Step R to right side, Step L slightly forward S8. R SAMBA, L SAMBA, STEP (BUMP), 1/2, STEP (BUMP) Cross R over L, Step out on ball of L, Recover out on R,

Cross L over R, Step out on ball of R, Recover out on L,

Step L forward as you Bump L hip forward, Drop L heel down.

Step R forward as you Bump R hip forward, Make ½ turn left as you drop R heel down

## TAG 4c WALK FORWARD R L R L ## TAG 16c SLOW PIVOT ½ TURN L, SLOW PIVOT ½ TURN L, STOMP R L, BUMPS TO THE LEFT 4C

Thank you and enjoy the dance!