

Macabre

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Külli Kivi (EST) - May 2023
音乐: Dance Macabre - Ghost



Start at lyrics

[1-8] CROSS ROCK, STEP-LOCK-STEP, CROSS ROCK, STEP-LOCK-STEP

1-2 Step RF across LF, recover weight to LF
3&4 Step RF forward, lock LF behind RF, step RF forward
5-6 Step LF across RF, recover weight to RF
7&8 Step LF forward, lock RF behind LF, step LF forward

[9-16] 2X KICK, COASTER STEP WITH 3/4 TURN, ROCK STEP, TRIPLE FULL TURN

9-10 Kick RF forward, kick RF to right side
11&12 Turn 3/4 to right and step RF back, step LF together, step RF forward
13-14 Step LF forward, recover weight back to RF
15&16 Turn 1/2 left and step LF side, step RF together, turn 1/2 left and step LF forward

[17 – 24] CROSS-STEP, VAUDEVILLE, CROSS-STEP, VAUDEVILLE

17-18 Step RF across LF, step LF to left side
19&20 Step RF across LF, step LF back, touch right heel digonally forward right, step RF in place
21-22 Step LF across RF, step RF to right side
23&24 Step LF across RF, step RF back, touch left heel digonally forward left, step LF in place

[25- 32] STEP FORWARD R, L, KICK BALL CHANGE, 1/2 PIVOT TURN, KICK BALL CHANGE

25-26 Step R,L forward
27&28 Kick RF, step RF and recover weight to RF, step LF together and recover weight to LF
29- 30 Step RF forward, turn 1/2 left and recover weight to LF
31&32 Kick RF, step RF and recover weight to RF, step LF together and recover weight to LF
(restart on wall 2!)

[33 - 40] CROSS ROCK, SHUFFLE WITH 1/4 TURN, TOE TOUCH, FLICK WITH 1/2 TURN, SHUFFLE

33-34 Step RF across LF, recover weight back to LF
35&36 Turn ¼ right and step RF side, step LF together, step RF forward
37-38 Touch LF forward, turn 1/2 to right on the ball of RF and flick LF behind
39&40 Step LF forward, step RF next to LF, step LF forward

[41 – 48] SIDE ROCK, CROSSING WEAVE, SIDE ROCK, COASTER STEP WITH 1/4 TURN

41-42 Step RF to right side, recover weight back to LF
43&44 Step RF across LF, step LF side, step RF behind LF
45-46 Step LF to left side, recover weight back to RF
47&48 Turn ¼ left and step LF back, step RF together, step LF forward

[49 – 56] CROSS-STEP, COASTER-STEP WITH 1/4 TURN, TOE TOUCHES R, L, COASTER-STEP

49-50 Step RF across LF, step LF to left side
51&52 Turn ¼ right and step RF back, step LF together, step RF forward
53-54 Touch left toe to right, to left
55&56 Step LF back, step RF together, step LF forward

[57 – 64] SAMBA STEP TO RIGHT, SAMBA STEP TO LEFT, HEEL TURN 1/4 RIGHT, ROCK BACK

57&58 Step RF across LF, step LF to left side, recover weight to RF
59&60 Step LF across RF, step RF to right side, recover weight to LF

61-62	Touch right heel forward, turn 1/4 to right, recover weight to LF
63-64	Step RF back, recover weight to LF

***There is 1 restart in the dance: on wall 2 after count 32**
