

Hey Now

拍数: 32 墙数: 4
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音乐: Hey Now - Ira Losco



Restart in wall 6 after 16 counts

Rf to right, LF together, Shuffle right, LF step left, recover weight RF, Shuffle left.

- 1 RF step right.
- 2 LF close RF.
- 3 Rf step right.
- & LF close RF.
- 4 RF step right.
- 5 LF step left.
- 6 Recover weight on RF.
- 7 LF step left.
- & RF close LF.
- 8 LF step left.

Syncopated Cuban breaks with RF, syncopated Cuban breaks with LF

- 1 RF cross forward LF.
- & Recover weight on LF.
- 2 RF touch RF backwards.
- & Recover weight on LF.
- 3 RF cross forward LF.
- & Recover weight on LF.
- 4 RF step right.
- 5 LF cross forward RF.
- & Recover weight on LF.
- 6 LF touch backwards.
- & Recover weight on RF
- 7 LF cross forward RF.
- & Recover weight on RF.
- 8 LF step left

RF cross over LF, LF left, ¼ turn right, coaster step, rock forward LF, rock forward RF.

- 1 RF cross over LF.
- 2 LF step left.
- 3 ¼ turn right, RF step backwards.
- & LF closes RF.
- 4 RF step forward.
- 5 LF rock forward.
- 6 Recover weight RF.
- & LF closes RF.
- 7 RF rock forward.
- 8 Recover weight LF.

RF step back, look back, recover weight LF, ½ turn left, coaster step, walk walk

- 1 RF step backwards.
- 2 Head look backwards.
- 3 Recover weight on LF, look forward.
- 4 ½ turn left, RF step backwards.

- 5 LF step backwards.
- & RF closes LF.
- 6 LF step forward.
- 7 RF walk forward.
- 8 LF walk forward.

Start again and have fun.
