Coward of the County

拍数: 40

级数: Upper Beginner

编舞者: Bev Vinge (AUS) - September 2023

音乐: Coward of the County - Kenny Rogers : (Album: The Best Country Album in the world....ever!)

CROSS, ROCK, SIDE SHUFFLE, CROSS, ROCK, SIDE SHUFFLE

- 1,2,3&4 Cross R over L, Rock back onto L, Shuffle to the Right Step: R-L-R,
- 5,6,7&8 Cross L over R, Rock back onto R, Shuffle to the Left Step: L-R-L.

PIVOT 1/2 TURN, STEP, STEP-LOCK-STEP, STEP-LOCK-STEP, FWD COASTER STEP

- 1 & 2 Step R forward, Pivot ½ turn Left, Step R forward,
- 3 & 4 Step L forward, Lock R behind L, Step L forward,
- 5 & 6 Step R forward, Lock L behind R, Step R forward,
- 7 & 8 Step L forward, Step R together, Step L back. (6:00)

SIDE-TOG-BACK, SIDE-TOG-1/4 TURN, TOUCH SIDE-TOG-SIDE, BEHIND-SIDE-CROSS

- 1 & 2 Step R to Right side, Step L together, Step R back,
- 3 & 4 Step L to Left side, Step R together, Turn ¼ Left Step L forward,
- 5 & 6 Touch R toe to Right side, Touch R toe together, Touch R toe to Right side,
- 7 & 8 Step R behind L, Step L to Left side, Cross R over L. (3:00)

TOUCH SIDE-TOG-SIDE, BEHIND-SIDE-CROSS, MAMBO FWD, BACK,-LOCK-BACK

- 1 & 2 Touch L toe to Left side, Touch L toe together, Touch L toe to Left side,
- 3 & 4 Step L behind R, Step R to Right side, Cross L over R,
- 5 & 6 Step R forward, Rock back onto L, Step R together,
- 7 & 8 Step back on L, Lock R over L, Step back on L.

BACK-LOCK-BACK, MAMBO BACK, STEP-LOCK-STEP, STEP-LOCK-STEP

- 1 & 2 Step back on R, Lock L over R, Step back on R,
- 3 & 4 Step L back, Rock forward onto R, Step L together,
- 5 & 6 Step R forward, Lock L behind R, Step R forward,
- 7 & 8 Step L forward, Lock R behind L, Step L forward. (3:00)

[40]





墙数:4