

Tossin' & Turnin'

拍数: 48 墙数: 4 级数: b
编舞者: Brenda Holcomb (USA) - September 2023
音乐: Tossin' and Turnin' - Bobby Lewis



Restart after the V-step on Wall 4 at 3:00

Intro: Start on the word "Night" (I couldn't sleep at all last NIGHT)

STOMP, SWIVELS, STOMP SWIVELS

1-4 Stomp R diagonal fwd., swivel L heel, toes, heel fwd. beside of R
5-8 Stomp L diagonal fwd., swivel R heel toes, heel fwd. beside of L

BACK TOUCHES WITH CLAPS

1-2 Step back R, touch L as you clap
3-4 Step back L, touch R as you clap
5-6 Step back R, touch L as you clap
7-8 Step back L, touch R as you clap

VINE R, VINE L ¼ TURN L

1-4 Step R to the side, step L behind R, Step R, touch L
5-8 Step L to the side, step R behind L, ¼ turn L stepping L, Touch R

K-STEP

1-2 Step R diagonal fwd. touch L
3-4 Step L diagonal back in place, touch R
5-6 Step R diagonal back and touch L
7-8 Step L diagonal fwd. in place, touch R

SLOW V-STEP

1-2 Step R diagonal fwd and hold
3-4 Step L diagonal fwd and hold
5-6 Step R diagonal back and hold
7-8 Step L diagonal back and hold

RESTART: 3:00 WALL 4

TOE-HEEL TRIPLE, TOE-HEEL TRIPLE

1-2 Touch R toe in beside of L, Touch R heel beside of L
3-4 Triple in place R, L, R
5-6 Touch L toe in beside of R, Touch L heel beside of R
7-8 Triple in place L, R, L

Repeat

Last Update - 16 Sep 2023