拍数： 32
境数： 4
级数：Improver
编舞者：Rachael McEnaney（USA）－July 2023
音乐：No Can Do－Restless Road


Count In： 16 counts from start of the track－dance begins on lyrics Notes： 1 restart during the 3rd wall after 16 counts． 1 tag during the 7th wall after 16 counts．

A special thank you to Ami Walker and Jo Thompson for their input．
［1－8］R CROSS．L SIDE．R BEHIND．L POINT，L CROSS POINT，L POINT，L CROSS，R KICK
1234 Cross $R$ over L［1］．Step L to left side［2］．Cross $R$ behind $L$［3］．Point $L$ to left side［4］12：00
$5678 \quad$ Point $L$ forward over $R$［5］．Point $L$ to left side［6］．Cross $L$ over $R[7]$ ．Kick $R$ to right diagonal ［8］12：00

| ［9－16］R BEHIND，L SIDE，R CROSS SHUFFLE，3／4 TURN LEFT WALKING（L－R）L SHUFFLE |  |
| :---: | :---: |
| 123\＆4 | Cross $R$ behind $L$［1］．Step $L$ to left side［2］．Cross $R$ over $L$［3］．Step $L$ to left side［\＆］．Cross R over L［4］12：00 |
| 56 | Make 1／4 turn left stepping $L$ forward［5］．Make 1／4 turn $L$ stepping $R$ forward［6］．6：00 |
| 7 \＆ 8 | Make 1／4 turn left stepping L forward［7］．Step R next to L［ $\&$ ］．Step L forward［8］3：00 |
|  | gins facing 6：00，restart the dance facing 9：00 |

［17－24］R FWD ROCK，R COASTER STEP，L FWD， $1 / 2$ PIVOT R，L FWD， $1 / 2$ PIVOT R．
123\＆4 Rock R forward［1］．Recover weight L［2］．Step R back［3］．Step L next to R［\＆］．Step R forward［4］3：00
5678 Step L forward［5］．Pivot 1／2 turn right［6］．Step L forward［7］．Pivot $1 / 2$ turn right［8］3：00
［25－32］L STOMP，R KICK－BALL－CHANGE，R STOMP，L KICK－BALL－CHANGE，L STOMP，SWEEP R 12\＆34 Stomp L forward［1］．Kick $R$ forward［2］．Step in place on ball of $R$［\＆］．Step $L$ in place［3］． Stomp R forward［4］3：00
5\＆678 Kick L forward［5］．Step in place on ball of $L$［\＆］．Step $R$ in place［6］．Stomp $L$ forward［7］． Sweep R［8］3：00

TAG 7TH WALL BEGINS FACING 6：00－DANCE UP TO COUNT 16 THEN ADD THE FOLLOWING 4 COUNTS：

Step R to right side as you raise R hand up as if＇chugging a drink＇for 4 counts－then restart dance．9：00

START AGAIN © HAVE FUN

