# Rope and Ride

拍数: 32

级数: Beginner

编舞者: Lynn Card (USA) - July 2023

音乐: Should've Been a Cowboy - Toby Keith

## (adapted from 2014 dance 'You're Beautiful')

Intro: 32 counts, start on lyric "never"

### TOE HEEL STRUTS TO RIGHT

- 1,2,3,4 Touch R toe to the right, put R heel down, touch L toe across R, put L heel down
- 5,6,7,8 Touch R toe to right, put R heel down, touch L toe across R, put L heel down

(when this hits on the "rope and ride" lyrics, you can use your right hand to make a lasso motion)

#### POINT, CROSS, POINT, BEHIND, POINT, BEHIND, POINT, BEHIND

- 1,2,3,4 Touch R to right side, cross R over L, touch L out to left side, cross L behind R
- 5,6,7,8 Touch R to right side, cross R behind L, touch L to left side, cross L behind R(put the weight on L on count 8)

#### ROCK BACK, RECOVER, STEP, CLAP, STEP, PIVOT TURN 1/2, STEP, CLAP

- 1,2,3,4 Rock R back, recover forward on L, step R forward, clap
- 5,6,7,8 Step L forward, pivot <sup>1</sup>/<sub>2</sub> turn clockwise and step R forward, step L forward, clap

#### **ROCKING CHAIR x2**

- 1,2,3,4 Rock R forward, recover back on L, rock R back,recover L forward,
- 5-8 repeat counts 1-4

#### Contact: linedancewithlynn@gmail.com

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**墙数:**2