Light That Fire



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音乐: Light That Fire - Oh The Larceny

Count In: Dance begins 16 counts from the start of the track, dance begins on vocals.

Notes: Phrasing: A B A B A B A B B Tag A

A [1 - 8] R SIDE, L BEHIND, R BALL (SIDE), L CROSS, R SIDE, L TOUCH BEHIND, 1/4 TURN L 'SAMBA' STEP. R CROSS WITH L SWEEP

1 2 & 3 4 Step R to right [1]. Cross L behind R [2]. Step ball of R to right [&]. Cross L over R [3]. Step R

to right [4] 12:00

5 Touch L behind R (as far as it will go) (styling: look right) [5] 12:00

6 & 7 Make 1/4 turn left stepping L forward [6]. Rock ball of R to right [&]. Recover weight L [7] 9:00

8 Cross R over L (slightly forward) as you sweep L [8] 9:00

A [9-16] L CROSS, R SCISSOR STEP, L SIDE, TWIST HEELS L, TWIST HEELS R MAKING 1/4 TURN L, R FWD, L CLOSE HITCHING R

1 2 & 3 4 Cross L over R [1]. Step R to right side [2]. Step L next to R [&]. Cross R over L [3]. Step L to

left side 9:00

5 6 With weight shared between both feet twist heels left [5]. Make 1/4 turn left twisting heels

right (weight L) [6] 6:00

7 8 Step R forward [7]. Step L next to R as you hitch R knee [8] 6:00

A [17-24] R CROSS, L BACK, R BALL BACK, L CROSS, R BACK, FULL TURN TO LEFT WALKING L-R-L-R

1 2 & 3 Cross R over L [1]. Step L back to left diagonal [2]. Step R ball back to right diagonal [&].

Cross L over R [3] 6:00

4 5 6 Step R back [4]. Make 1/4 turn left stepping L forward [5]. Make 1/4 turn left stepping R

forward [6] 12:00

7 8 Make 1/4 turn left stepping L forward [7]. Make 1/4 turn left stepping R to right side [8]

Notes: Counts 5678 should feel like 4 walks making full turn to left in a circle shape. 6:00

A [25-32] L BEHIND WITH R HITCH, R BEHIND, L SIDE, R CROSS, L SIDE, 'LIGHT THAT FIRE' HANDS LEFT-RIGHT, L CLOSE WITH BODY ROLL

1 2 & 3 Cross L behind R as you hitch R knee [1]. Cross R behind L [2]. Step L to left side [&]. Cross

R over L [3] 6:00

Step L to left side [4]. Dipping down slightly to left side bring R palm on top of L with fingers

facing away from each other [5]. 6:00

6 Sending weight and body to right (still with slight dip) rotate hands with palms still together to

L hand on top [6]

(Notes: the 'concept' here is 'lighting a fire' it should almost feel like your crushing something with palms) 6:00

7 8 Step L next to R as you push hips forward beginning a body roll up [7]. Finish body roll up [8]

Arms: Count 7

take both arms down out to sides raising them up. Count 8 finish the raise up and then bring them down and in 6:00

B [1 - 8] R STOMP, DRAG R AS YOU CLAP HANDS. R CLOSE. L REACH OUT ISOLATING R. WEIGHT L ISOLATING L. DIP TO R THEN L IN CIRCLE MOTION. R CLOSE, L SIDE, R TOUCH

1 Stomp R forward with slight bend of knees (begin taking arms out to each side) [1] 6:00

2 Clap hands straight forward in front of chest (arms straight but not locked) as you drag R

towards L [2] 6:00

& 3 Step R next to L [&]. Reach L to left side as you isolate upper body right bringing R arm up like riding a motorbike at shoulder level [3] 6:00 Transfer weight L as you isolate upper body left raising L arm up like riding a motorbike at 4 shoulder level [4] 6:00 Transfer weight R as you dip down slightly [5]. Continuing the dip transfer weight to L [6] 56 (Counts 5-6 IMAGINE someone swiping their arm across you at neck level, you dip down from right to left to avoid their arm) 6:00 & 78 Step R next to L (no longer dipped down) [&]. Step L to left [7]. Touch R next to L [8] 6:00 B [9 - 16] R STOMP, L SAILOR, R BRUSH, R HEEL, R HEEL TAKING WEIGHT, L BALL, R STEP WITH L FLICK, L CROSS 12&3 Stomp R to right diagonal [1]. Cross L behind R [2]. Step R next to L [&]. Step L to left side [3] 6:00 45 Brush R forward then swinging it slightly right [4]. Touch R heel to right diagonal [5] 6:00 Take R heel a little further out to right diagonal taking weight into R heel [6] 6:00 6 & 78 Rock L ball in place [&] Step R in place as you flick L back [7]. Cross L over R [8] 6:00 TAG CHEST POPS R-L-R-L, R CROSS, 1/4 TURN R BACK L, 1/4 TURN R SIDE R, L CROSS 12 Step R to right as you do slight chest pop right [1]. Transfer weight L as you do a slight chest pop left [2] 12:00 3 4 Transfer weight R as you do a slight chest pop right [3]. Transfer weight L as you do a slight chest pop left [4] 12:00 Cross R over L [5]. Make 1/4 turn right stepping L back [6] 3:00 56 78 Make 1/4 turn right stepping R to right [7]. Cross L over R [8] 6:00