

Lazy West Coast River

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Heather Jayne Endall (AUS) - October 2023
音乐: Lazy River - David Campbell : (Amazon Music, Spotify, iTunes etc.)



*** 1 RESTART Wall 3 after 8 counts**

Intro: Starts at lyrics at 16 counts

Section 1: R SIDE ROCK, RECOVER, BEHIND, SIDE, CROSS, STEP L SIDE, SLIDE R NEXT TO L, R KICK BALL CROSS

1,2,3&4 Rock R to R side, Recover on L, R behind, L Step Side (&), R cross

5,6,7&8 Step L to L side, Slide R next to L, R kick, R ball(&), L cross over R

***RESTART: *WALL 3 AFTER 8 COUNTS**

Section 2: ¼ TURN OVER R STEP R FACING [3:00], L TOGETHER, FWD R, FWD L, R TOGETHER, FWD L, R FWD, TAP L BEHIND, BALL L, TAP R HEEL, BALL R, TAP L BEHIND

1&2 ¼ Turn over R step R Fwd to [3:00], Step L next to R (&), step R Fwd

3&4 Step L Fwd, Step R next to L (&), Step L Fwd

5,6&7&8 Step R Fwd, tap L toes behind, Ball L(&), tap R heel, Ball R(&), Tap L toes behind

Section 3: L STEP BACK, LOW KICK R, R STEP BACK, LOW KICK L, COASTER BACK L, FWD R, L

1,2,3,4 Step back on L, Kick R low in front, Step back on R, Kick L low in front

5&6, Step L back, Step R next to L, Step L Fwd

7,8 Step Fwd on R, Step Fwd on L

Section 4: OUT/OUT, IN/IN, HOLD, R STEP BCK, L SWEEP BACK, L SAILOR

&1,2 Step wide R on diagonal (&), Step wide L on diagonal, Hold (2)

&3,4 Step R in to centre (&), Step L next to R, Hold (4)

5,6,7&8 R step back, Sweep L back, L behind R, R to side, L to side

Wall 11 - Last wall; Finish the dance by extending your L sweep back unwind over L facing [12:00]

This is my first WCS style dance..... I hope you enjoy!

Any questions or errors with the stepsheet, please feel free to contact me on the below:

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