

Ay No Digas (Oh, Don't Say)

COPPER KNOB
STEPSHEETS

拍数: 36 墙数: 2 级数: Intermediate
编舞者: Maria Tao (USA) - October 2023
音乐: Ay No Digas - Albert West



Intro: 20 counts

Note: 2 Restarts (On WALL 4 and WALL 8)

[S1] SIDE, CROSS ROCK, RECOVER, CHASSE R 1/4 TURN R, FWD ROCK, RECOVER, 3/4 CURVE TURN L

1 Step L to L
2-3 Cross rock R over L, recover onto L
4&5 Step R to R, step L next to R, 1/4 turn R stepping R forward [3:00]
6-7 Rock L forward, recover onto R
8&1 1/2 turn L stepping L forward, 1/4 turn L stepping ball of R to R, step L forward [6:00]

[S2] SKATE R, 1/4 TURN L SKATE L, R SAMBA, CROSS, 1/4 TURN L, CHASSE L

2-3 Skate R to R diagonal, 1/4 turn L & skate L to L diagonal [3:00]
4&5 Cross R over L, rock L to L, recover onto R
6-7 Cross L over R, 1/4 turn L stepping R back [12:00]
8& Step L to L, step R next to L

**** Restart here during WALL 4 (facing 6:00) and Wall 8 (facing 12:00) ****

[S3] BACK ROCK, RECOVER, 1/4 TURN L MAMBO CROSS, BUMP HIPS L, BUMP HIPS R 1/4 TURN L & HOOK, DIAGONALLY SHUFFLE FWD

1 Step L to L
2-3 Rock R back, recover onto L
4&5 1/4 turn L rocking R to R, recover onto L, cross R over L [9:00]
6-7 Bump hips L, bump hips R making 1/4 turn L & hook L across R [6:00]
8&1 Step L diagonally forward, step R next to L, step L forward

[S4] BUMP HIPS FWD, BUMP HIPS BACK & BRUSH, CHASSE R, BACK ROCK, RECOVER, KICK-BALL-CROSS

2-3 Bump hips forward to R diagonal, bump hips back brushing R back across L
4&5 Step R to R, step L next to R, step R to R
6-7 Rock L back, recover onto R
8&1 Kick L forward, step L beside R (slightly back), cross R over L

[S5] TOUCH, FLICK, SIDE, TOGETHER

2-3 Touch L toe to L, flick L behind R
4& Step L to L, step R next to R [6:00]

START AGAIN!

RESTARTS: On WALL 4 and WALL 8 - dance up to count 16 - then restart the dance