

Just My Style

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 1 级数: Beginner
编舞者: Catrina "Lady T" Daniel (USA) - 2016
音乐: The Right Kinda Lover - Patti LaBelle : (Album: Gems)



Begin dance 32 counts after first hard beat of track (about 22 seconds)

[1-8] MAMBO FWD & BACK, SIDE ROCK, CROSS SHUFFLE

1&2, 3&4 Step R Fwd, Recover L, Step R Back, Step L Back, Recover R, Step L Fwd
5-6, 7&8 Step R to Side (Lifting L Slightly), Recover L, Step R Across L, Step L to Side, Step R Across L

[9-16] SIDE ROCK, CROSS SHUFFLE, WALK ½ CIRCLE

1-2, 3&4 Step L to Side (Lifting R Slightly), Recover R, Step L Across R, Step R to Side, Step L Across R
5-8 Step R 1/8 turn to L, Step L 1/8 Turn to L, Step R 1/8 Turn to L, Step L 1/8 Turn to L

[17-24] HIP ROLLS

1-4 Step R to Side, Roll Weight onto R, Step L to Side, Roll Weight onto L
5-8 Step R to Side, Roll Weight onto R, Step L to Side, Roll Weight onto L

[25-32] ROCKING CHAIR, ¼ PIVOTS WITH HIP ROLLS (2X)

1-4 Step R Fwd, Recover L, Step R Back, Recover L
5-8 Step R Fwd, ¼ Roll Hip ¼ Turn L, Step R Fwd, ¼ Roll Hip ¼ Turn L

Submitted by Steve Cavanaugh: steve@slinedancing.com