Good Morning Mercy

级数: Improver

编舞者: Bruno Multari (USA) & Rosie Multari (USA) - 19 September 2023

音乐: Good Morning Mercy - Jason Crabb

Alt: Good Morning Mercy by Jason Crabb feat Dylan Scott (2023) available from amazon.com *1 Tag, 1 Restart*

Start: 16 counts, on word "sleeping"

拍数: 32

[1-8] STEP TOUCHES, SIDE ROCK CROSS, REPEAT WITH ¼ TURN RIGHT

- 1&2&3&4 Step R to right side, touch L to R, step L to left side, touch R to L, rock R to right, 12:00 recover on L, cross R over L
- 5&6&7&8 Step L to left side, touch R to L, step R to right side, touch L to R, rock L to left, turn ¼ to right as you recover on R, step forward on L 3:00

[9-16] R LOCK STEP, L CHASE ½ TURN, TURNING ¼ ROCKING CHAIR WITH DRAG L

- 1&2, 3&4 Step forward on R, lock L behind R, step forward R Step forward L, pivot ½ turn right, shifting weight to R, step forward L 9:00
- 5&6&7&8 Rock forward on R, recover L in place, rock back on R, (start to turn ¼ left) recover on L, rock forward on R, recover on L, completing ¼ turn left, step back on R, dragging L back* 6:00 *Restart here on Wall 5, changing count 8 to touch R to L. You'll be facing 6:00 when you restart

[17-24] ROCK BACK L, STEP TOUCH FORWARD 2X, STEP, DOUBLE ROCKS, SAILOR 1/4 RIGHT

- 1&2&3&4 Rock back L, recover R, step L forward diagonally left, touch R to L, step R forward diagonally right, touch L to R, step L forward
- 5&6&7&8 Rock R forward, recover L, rock R to right side, recover L, cross R behind L, turn ¼ right stepping L, step forward R 9:00

[25-32] WEAVE WITH HITCH & ¼ TURN LEFT, DOUBLE ROCKS, SAILOR ¼ LEFT

- 1&2&3&4 Cross L over R, step R to right, step L behind R, hitch R, step R behind L, ¼ turn left stepping on L, step forward R 6:00
- 5&6&7&8 Rock L forward, recover R, rock L to left side, recover R, cross L behind R, turn ¼ left stepping R, step forward L 3:00

TAG: is at the end of Wall 2, facing 6:00, 8 counts

[1-8] STEP TOUCHES, ROCK & CROSS, R & L

- 1&2&3&4 Step R to right side, touch L to R, step L to left side, touch R to L, rock R to right, recover on L, cross R over L
- 5&6&7&8 Step L to left side, touch R to L, step R to right side, touch L to R, rock L to left, recover on R, cross I over R

Note: To end on the front wall, at count 23&24 of Wall 8, facing 6:00, change the Sailor ¼ to ½ turn right: Ta Da!





墙数

墙数: 4