

Past Lives

拍数: 16 墙数: 4 级数: Beginner
编舞者: Hiroko Carlsson (AUS) - October 2023
音乐: Past Lives - XALMA : (Spotify)



Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)

(Intro: 16 counts)

[S1] Shuffle Fwd, Rocking Chair, Shuffle Fwd, Fwd Rock-Back w/ Sweep

1&2 Shuffle forward on R-L-R
3&4& Rock forward on L, Replace weight on R, Rock back on L, Replace weight on R
5&6 Shuffle forward on L-R-L
7&8 Rock forward on R, Replace weight on L, Step back on R sweeping L foot around

[S2] Behind-1/4R-Scissor-Cross-Side-Behind-Side, Cross w/ Sweep-Cross-Side-Behind-1/4L-Step-Pivot 1/4L

1&2& Step L behind R, Make a ¼ turn right stepping forward on R (3:00), Step L to the side, Step R next to L
3&4& Cross L over R, Step R to the side, Step L behind R, Step R to the side
5 6& Cross L over R sweeping R foot around, Cross R over L, Step L to the side
7&8& Step R behind L, Make a ¼ turn left stepping forward on L (12:00), Step forward on R, Make a ¼ turn left recover weight on L (9:00)

No tags or restarts

(updated: 11/Oct/23)
