

Shuffle and Friends

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Nicole Klein (DE) - October 2023
音乐: Country Girl (Shake It for Me) - Luke Bryan : (Amazon music)



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Intro 32 counts (starts on the word „gotta“)

S1 SHUFFLE FWD – CHASSE – ROCK BACK – CHASSE*

1&2 RF step forward, LF step next to RF, RF forward,
3&4 LF step to L, RF step next to LF, LF step to L,
5-6 RF back, recover,
7&8 RF step to R, LF next to RF, RF step to R.

S2 SHUFFLE FWD – CHASSE – ROCK BACK – CHASSE (12:00)

1&2 LF step forward, RF next to LF, LF step forward,
3&4 RF step to R, LF step next to RF, RF step to R,
5-6 LF back, recover,
7&8 LF step to L, RF next to LF, LF step to L.

S3 STEP ½ TURN – SHUFFLE FWD – ROCKING CHAIR (6:00)

1-2 RF step forward, ½ turn left,
3&4 RF step fwd, LF next to RF, RF step forward,
5-6-7-8 LF step forward, recover, LF step back, recover.

S4 SHUFFLE FWD – STEP ¼ TURN – ROCKING CHAIR (3:00)

1&2 LF step forward, RF next to LF, LF step forward,
3-4 RF step forward, ¼ Turn left,
5-6-7-8 RF step forward, recover, RF step back, recover.

Start again & have fun :)

* Ending: After Section 1 facing 9.00: add 2 counts (1) stomp LF to L (2) turn head facing (12:00)

Dedicated to my American sis Melanie & my „Angels in boots“ <3

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