

This Girl

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Calli Bazinet (USA) - October 2023
音乐: This Girl - Laza Morgan



INTRO: 32 Counts

[01-08] SYNCOPATED FWD TOUCHES & HEEL FAN WITH HIP BUMP X2

1&2& Touch RF forward (1), Step RF next to LF (&), Touch LF forward (2), Step LF next to RF (&)
3&4& Touch RF forward (3), Fan RF heel right while bumping hips right (&), Fan RF heel left while bumping hips left (4), Step RF next to LF (&)
5&6& Touch LF forward (5), Step LF next to RF (&), Touch RF forward (6), Step RF next to LF (&)
7&8 Touch LF forward (7), Fan LF heel left while bumping hips left (&), Fan LF heel right while bumping hips right (8)

[09-16] L SAILOR STEP, R SAILOR STEP, BEHIND SIDE CROSS, STEP RF SIDE, TOUCH LF BEHIND RF

1&2 Step LF behind RF (1), Step RF next to LF (&), Step LF left slightly forward (2)
3&4 Step RF behind LF (3), Step LF next to RF (&), Step RF right slightly forward (4)
5&6 Step LF behind RF (5), Step RF next to LF (&), Step LF across RF (6)
7,8 Step RF to right side (7), Touch LF toe behind RF (8)

[17-24] ¼ TURN LEFT, ¼ TURN LEFT, SAILOR STEP WITH ¼ TURN LEFT, ROCK FORWARD RECOVER, SHUFFLE BACKWARD

1,2 Step LF ¼ turn left (1) [9:00], Pivot on LF ¼ turn left and step RF to right side (2) [6:00]
3&4 Step LF behind RF while making ¼ turn left (3) [3:00], Step RF next to LF (&), Step LF forward (4)
5,6 Rock RF forward (5), Recover on LF (6)
7&8 Step RF backwards (7), Step LF next to RF (&), Step RF backwards (8)

[25-32] ROCK BACKWARD RECOVER, SHUFFLE FORWARD, STEP PIVOT ¼ TURN LEFT X2

1,2 Rock LF backward (1), Recover on RF (2)
3&4 Step LF forward (3), Step RF next to LF (&), Step LF forward (4)
5,6 Step RF forward (5), Pivot ¼ turn left (6) [12:00]
7,8 Step RF forward (7), Pivot ¼ turn left (8) [9:00]

Email: jason.a.messer@gmail.com