

# At Your Worst!

COPPER KNOB  
BY STEPHEN

拍数: 32      墙数: 4      级数: Improver  
编舞者: Colin Ghys (BEL) - October 2023  
音乐: At Your Worst - Calum Scott



**Intro: 4 Counts, Start at approx 4 secs**

## SEC 1 Side, Together, Shuffle, Side, Together, Back Shuffle

1-2            Step right to right, step left beside right  
3&4           Step right forward, step left beside right, step right forward  
5-6           Step left to left, step right beside left  
7&8           Step left back, step right beside left, step left back

## SEC 2 Back Rock, ½ Shuffle, Back Rock, Full Turn

1-2            Rock right back, recover weight onto left  
3&4           Turn ¼ left step right to right, step left beside right, turn ¼ left step right back (6:00)  
5-6           Rock left back, recover weight onto right  
7-8           Turn ½ right step left back, turn ½ right step right forward (6:00)

## SEC 3 Rock, Back Shuffle, Back Rock, Prissy Walks

1-2            Rock left forward, recover weight onto right  
3&4           Step left back, step right beside left, step left back  
5-6           Rock right back, recover weight onto left  
7-8           Step right forward slightly crossing over left, step left forward slightly crossing over right

## SEC 4 Figure of 8 ¼ Turn

1-2            Step right to right, step left behind right  
3-4            Turn ¼ right step right to right, step left forward (9:00)  
5-6            Pivot ¾ right transferring weight on to right, step left to left (6:00)  
7-8            Step right behind left, turn ¼ left step left forward (3:00)

## Ending At the end of the last wall

### Step, ½ Pivot

1-2            Step right forward, pivot ½ left transferring weight on to left (12:00)