拍数： 64
境数： 2
级数：Intermediate
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音乐：At Your Worst－Calum Scott

Phrasing：No tags or restarts．
［1－8］Cross，Side Rock，Cross Shuffle，Hinge $1 / 4$ Turn，Cross．
1 Cross right over left．
2－3 Rock left to left side，recover weight on to right foot．
4\＆5 Cross left over right，step right slightly to right behind left heel，cross left over right．
6－7 Turn $1 / 4$ left stepping back right，step left to left side．
$8 \quad$ Cross right over left．
［9－16］Point，Cross，Point Side－Forward－Side，Cross．Hinge $1 / 2$ Turn．
1－2 $\quad$ Point left to left side，cross left over right．
3－4 Point right to right side，point right toe forward．
5－6 Point right to right side，cross right over left．
7－8 Turn $1 / 4$ right stepping back left，turn $1 / 4$ right stepping right to right side．
［17－24］Cross Rock，Chasse Left，Cross，Side，Sailor Step．
1－2 Cross rock left over right，recover weight on to right．
3\＆4 Step left to left side，close right beside left，step left to left side．
5－6 Cross right over left，step left to left side．
$7 \& 8 \quad$ Cross right behind left，step left slightly to left side，step right to place．
［25－32］Cross， $1 / 4$ Turn，Shuffle Back，Back Rock，Kick－Ball－Cross．
1－2 Cross left over right，turn $1 / 4$ left stepping back right．
3\＆4 Step back left，step on ball of right beside left，step back left．
5－6 Rock back right，recover weight on to left．
7\＆8 Kick right foot forward，step on ball of right beside left，cross left over right．
［33－40］Point，Hold \＆Point \＆Point，\＆Side Rock，Cross Shuffle
1－2 Point right to right side，hold．
\＆3 Close right to left，point left to left side．
\＆4 Close left to right，point right to right side．
\＆5－6 Close right to left，rock left to left side，recover weight on to right．
7\＆8 Cross left over right，step right slightly right（behind left heel），cross left over right．
［41－48］Point，Hold \＆Point \＆Point，\＆Side，Behind，Chasse $1 / 4$ Turn．
1－2 Point right to right side，hold．
\＆3 Close right to left，point left to left side．
\＆4 Close left to right，point right to right side．
\＆5－6 Close right to left，step left to left side，cross right behind left．
$7 \& 8 \quad$ Step left to left side，close right to left，turn $1 / 4$ left stepping forward left．
［49－56］Step，Touch \＆Heel \＆Step，Forward Rock，Shuffle $1 / 2$ Turn．
1－2\＆Step forward right，touch left behind right heel，step back on left．
$3 \& 4$ Dig right heel forward，step right to place，step forward left．
5－6 Rock forward right，recover weight on to left．
$7 \& 8 \quad$ Shuffle $1 / 2$ turn right stepping－right－left－right．
[57-64] Step, Touch \& Heel \& Pivot $1 ⁄ 2$, Pivot $1 / 4$, Cross Shuffle.
1-2\& Step forward left, touch right behind left heel, step back right.
3\& Dig left heel forward, step left to place.
4-5 Step forward right, pivot $1 / 2$ turn left.
6-7 Step forward right, pivot $1 / 4$ turn left.
8\& Cross right over left, step left slightly to left side.
(Cross right over left for count 1 of the dance to complete cross shuffle.
Start again - no tags or restarts!

