拍数： 64
壇数： 4
级数：Phrased Beginner
编舞者：Greesita Wiranegara（INA）－October 2023
音乐：Hands On Me（feat．Meghan Trainor）－Jason Derulo

DANCE BEGIN APPROX 20 SECONDS
SEQUENCE：AABBAABBAABB
END LAST WALL DANCE B 24C

## PART A：

SECTION 1：BACK ROCK R，TRIPLE STEP（R，L，R），BACK ROCK L，1／4 TURN R TRIPLE STEP（L，R，L）
1－2 Step RF back rock，recover on LF
$3 \& 4 \quad$ Step $R F$ to $R$ side，step $L F$ beside $R F$ ，step $R F$ to $R$ side
5－6 Step LF back rock，recover on RF
7\＆8 Step LF to $L$ side $1 / 4$ turn $R$ ，step RF beside $L F$ ，step $L F$ to $L$ side（03．00）
SECTION 2：DIAGONAL KICK FWD R，CROSS BACK，SIDE，CROSS，DIAGONAL KICK FWD L，CROSS BACK，SIDE，CROSS
1－2 Kick RF diagonal forward，step RF behind LF
3－4 Step LF to $L$ side step，step RF over LF
5－6 Kick LF diagonal forward，step LF behind RF
7－8 Step RF to $R$ side，step LF over RF
SECTION 3：¼ MONTEREY TURN R，MONTEREY L，TOE STRUT R\＆L
1－2 Point RF to $R$ side，turn $1 / 4 \mathrm{R}$ step RF beside LF（06．00）
3－4 Point LF to $L$ side，step LF beside RF
5－6 Touch RF toe forward，drop RF heels down
7－8 Touch LF toe forward，drop LF heels down
SECTION 4：JAZZBOX ¼ TURN R，SIDE CLOSE R\＆L
1－2 Step RF over LF，step LF backward
3－4 $\quad 1 / 4$ turn step RF to $R$ side，step LF over RF（09．00）
5－6 Step RF to R side，close LF next to RF
7－8 Step LF to $L$ side，close RF next to LF
PART B：
SECTION 1：DIAGONAL FORWARD R\＆L，DIAGONAL BACKWARD R\＆L
1－2 Step RF diagonal forward，step LF beside RF
3－4 Step LF diagonal forward，step RF beside LF
5－6 Step RF diagonal backward，step LF beside RF
7－8 Step LF diagonal backward，step RF beside LF
SECTION 2：REPEAT SECTION 1
SECTION 3：TWIST，BACK HOOK L，TWIST，BACK HOOK R
1－2 $\quad$ Twist both heel to $R$ ，twist both heel to $L$
3－4 $\quad$ Twist both heel to $R$ ，cross $L F$ behind $R$ leg below $R$ knee
5－6 Twist both heel to $L$ ，twist both heel to $R$
7－8 Twist both heel to $L$ ，cross $R F$ behind $L$ leg below $L$ knee
SECTION 4：TWIST，BACK HOOK L，TWIST，BACK HOOK R

Twist both heel to $R$, twist both heel to $L$
3-4
Twist both heel to $R$, cross LF behind $R$ leg below $R$ knee (Arm styling on count 1-4: Fist your $R$ hand straight to front Fist $L$ hand up in front of your face)
5-6 Twist both heel to L , twist both heel to R
7-8
Twist both heel to $L$, cross RF behind $L$ leg below $L$ knee (Arm styling on count 5-8: Put both hands covering your face)

