

# Mi Vida

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: High Beginner  
编舞者: Arisps (INA) - October 2023  
音乐: Dj Samuel Kimkò Ft. El 3mendo a Aaron Paris - Mi Vida - I passi ufficiali del ballo



No Tag No Restart

Intro Dance : 32 Count

## SECT 1 : WEAVE - JAZZ BOX

1 - 4      Cross RF over LF, step LF to side, cross RF behind LF, touch LF to side  
5 - 8      Cross LF over RF, step RF back, step RF to side, close RF next to LF

## SECT 2 : WEAVE - ¼ JAZZ BOX TURN RIGHT

1 - 4      Cross LF over RF, step RF to side, cross LF behind RF, touch RF to side  
5 - 8      Cross RF over LF, ¼ turn right step LF back, step RF to side, close LF next to RF

## SECT 3 : MAMBO SIDE (R,L) - WALK FWD R,L - KICK BALL CHANGE

1 & 2      Step RF to side, recover on LF, close RF next to LF  
3 & 4      Step LF to side, recover on RF, close LF next to RF  
5 - 6      Walk forward R, L  
7 & 8      Kick RF fwd, close RF next to LF, step LF in place

## SECT 4 : ANCHOR STEP - SAILOR STEP

1 & 2      Rock RF behind LF, recover on LF, step RF next to LF  
3 & 4      Rock LF behind RF, recover on RF, step LF next to RF  
5 & 6      Cross RF behind LF, step LF to side, step RF to side  
7 & 8      Cross LF behind RF, step RF to side, step LF to side

Happy fun Dancing ☐

Last Update: 2 May 2025