

Shisha (Imp)

拍数: 32 墙数: 2 级数: Improver
编舞者: Esmeralda van de Pol (NL) - October 2023
音乐: Shisha - Dj Sava



This dance is a floor-split with the Intermediate version.

Intro: 8 counts

SIDE, TOGETHER, SCISSOR STEP, ¼ TURN R, CROSS SHUFFLE

1-2 Step RF to R side, Step LF next to RF
3&4 Step RF to R side, Step LF next to RF, Cross RF over LF
5-6 ¼ turn R-step LF back, Step RF to R side
7&8 Cross LF over RF, Step RF to R side, Cross LF over RF

SIDE ROCK ¼ TURN R, LOCKSTEP BACK, SYNCOPED ROCKSTEPS, CROSS SAMBA

1-2 Rock RF to R side, ¼ turn R-recover weight on LF
3&4 Step RF back, Step LF in front of RF, Step RF back
5&6& Rock LF back, Recover weight on RF, Rock LF to L side, Recover weight on RF
7&8 Cross LF over RF, Rock RF to R side, Recover weight on LF

CROSS, SIDE, COASTER ¼ TURN R, FWD ROCK, MAMBO BACK

1-2 Cross RF over LF, Step LF to L side
3&4 ¼ turn R-step RF back, Step LF next to RF, Step RF fwd
5-6 Rock LF fwd, Recover weight on RF
7&8 Rock LF back, Recover weight on RF, Step LF fwd

PIVOT ¼ TURN L, CROSS ROCK SIDE, SYNCOPATED ROCKSTEPS, BEHIND SIDE CROSS

1-2 Step RF fwd, ¼ turn L-weight on LF
3&5 Rock RF across LF, Recover weight on LF, Step RF to R side
5&6& Rock LF across RF, Recover weight on RF, Rock LF to L side, Recover weight on RF
7&8 Step LF behind RF, Step RF to R side, Cross LF over RF

TAG: (Also for the intermediate version)

Jazzbox Cross

1-2 Cross RF over LF, Step LF back
3-4 Step RF to R side, Cross LF over RF

Dance With Esmeralda

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