Mi Ritmo

拍数: 32

级数: High Beginner

编舞者: Ssaboo (KOR) - October 2023

音乐: Mi Ritmo - Free Deejays

Intro: 16 counts

** Tag: After Wall 5 (facing 9:00). The Tag is only 4 counts (Pivot 1/2 L x2)

SEC 1: R Samba, L Samba, Modified Jazz Box, Cross Shuffle

- 1&2 Cross step R over L (1), step ball of L to L (&), step R to R side (2)
- 3&4 Cross step L over R (3), step ball of R to R (&), step L to L side (4)
- 5-6& Cross step R over L (5), step back on L (6), step R to R side (&)
- 7&8 Cross L over R (7), step R to R side (&), cross L over R (8) [12:00]

SEC 2: 1/2 R Cross Shuffle, 1/2 L Cross Shuffle, Side Rock, Recover, Behind, 1/4, 1/4 Side

- 1&2 1/2 turn right cross R over L (1), step L to L side (&), cross R over L (2) [6:00]
- 3&4 1/2 turn left cross L over R (3), step R to R side (&), cross L over R (4) [12:00]
- 5-6 Rock R to R side (5), recover on L (6)
- Cross R behind L (7), 1/4 stepping forward on L (&), 1/4 stepping R to R side (8) [6:00] 7&8

SEC 3: L Sailor, R Sailor 1/4 R, Toe Switch, Heel Switch

- Cross L behind R (1), step R next to L (&), step L to L side (2) 1&2
- 3&4 Cross R behind L (3), 1/4 R stepping L next to R (&), step forward on R (4) [9:00]
- 5&6& Point L out to L side (5), step L next to R (&), Point R out to R (6), step R next to L (&)
- 7&8& Touch L heel forward (7), step L next to R (&), Touch R heel forward (8), step R next to L (&)
 - [9:00]

Option : Point with shimmy replace toe switch & heel switch

- Point L out to L side with shimmy (5), Hold (&), Hold (6), Step L next to R (7) 5&6&
- 7&8& Point R out to R side with shimmy (7), Hold (&), Hold (8), Step R next to L (&)

SEC 4: Pivot 1/2 L, Shuffle, Pivot 1/2 R, Walk, Walk

- 1-2 Step forward on L (1), pivot 1/2 turn R weight on R (2) [3:00]
- 3&4 Step forward on L (3), step R next to L (&), step forward on L (4)
- 5-6 Step forward on R (5), pivot 1/2 turn L weight on L (6) [9:00]
- 7-8 Walk forward on R (7), walk forward on L (8)

Option : Full Turn for counts 7-8

7-8 1/2 turn L stepping back on R (7), 1/2 turn L stepping forward on L (8)

BEGIN AGAIN! - ENJOY!

** Tag: Add the following 4 counts at the end of walls 5 (facing 9:00)

- 1-2 Step forward on R (1), pivot 1/2 turn L weight on L (2) [3:00]
- 3-4 Step forward on R (5), pivot 1/2 turn L weight on L (6) [9:00]

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墙数:4