

Take a Hike

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Rob McKean (CAN) - 15 October 2023
音乐: Long Walk - Brandy Clark



Start on the Lyrics

Lindy Right, Lindy Left

1&2 3-4 Step side right, together on L, side right, rock back on L, recover on R
5&6 7-8 Step side left, together on R, side left, rock back on R, recover on L

Step, Slide, Step Forward, Repeat

9&10 Step forward on R, slide L up beside R, step forward on R
11&12 Step forward on L, slide R up beside L, step forward on L

Jazz Box

13-16 Cross R over L, step back on L, step side right, step together on L

Kick Ball Cross Twice, Side Rock Recover, Behind Ball Cross

17&18 Kick R forward, step back on R, cross L over R
19&20 Kick R forward, step back on R, cross L over R
21-22 Side rock right, recover on L
23&24 Cross R behind L, step back on ball of L, cross R over L

Kick Ball Cross Twice, Side Rock Recover, Behind ¼ Turn, Step Forward

25&26 Kick L forward, step back on L, cross R over L
27&28 Kick L forward, step back on L, cross R over L
29-30 Side rock left, recover on R
31&32 Cross L behind R, step forward on R making a ¼ turn R, step forward on L