For Me



拍数: 32 **墙数:** 4 **级数:** Beginner

编舞者: Georgie Mygrant (USA) - October 2023

音乐: For Me - George Stephenson & Lee James



Intro: 32 counts (start routine with the heavy beat)

Touch Lock Step R, then L

1-4	Touch R	Toe fwd	R side	Step R t	o center	Step on L

5-8 Step R fwd. diagonally, Step L to R, Step R fwd. diagonally, Touch L to R

1-4 Touch L Toe fwd. L side, Step L to center, Step on R

5-8 Step L fwd. diagonally, Step R to L, Step L fwd. diagonally, Touch R to L

Rocking Chair, Jazz Box 1/4 R

1-4 Step R fwd. Step back on L, Step back on R, Step L fwd.

5-8 Step R over L, Step back on L turning 1/4 R, Step on E, Step on L

Cross R over L, Cross L over R

1-4 Cross R over L, Step back on L, Step on R, touch L
5-8 Cross L over R, Step back on R, Step on L, Touch R

That's it! Another easy one for beginners. A little peppy, but easy. Please let me know if you like it. That's the only way I know if anyone is looking at my routines. All I ask is that you don't alter the routine without my permission.

Thank you, Georgie

You can contact me at mygeo@adamswells.com or mygrant@gmail.com Please feel free to contact me if you have any questions.