

8 Second Ride

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Elizabeth Banescu (USA) & Katie Robinson (USA) - October 2023
音乐: First Rodeo (feat. Filmore & Seth Ennis) - Cooper Alan



Dance starts after 56 counts, on lyrics beginning with "gate".

[1-9 Scuff, Stomp stomp, heel walk in, knee pop, turning sailor step]

- 1,2 Scuff R, Stomp R
- 3,4&5 Stomp L, swivel L heel in (4), swivel L toe in (&), swivel L heel in (5)
- 6&7 Collect feet together with 1/8th turn L (6) facing 10:30, pop both knees forward (&), return feet to floor (7)
- 8&1 RLR sailor step, turning 3/8th turn R (end facing 3:00); press forward R(1)

[10-16 Press hitch, backwards body roll, coaster step, shuffle forward]

- 2,3,4 Hitch R up with a knee slap downwards (2), Step R backward and body roll backwards (3-4)
- 5&6 Coaster step LRL
- 7&8 Shuffle forward RLR

[17-24 Rock forward recover, turning sailor step, heel heel, dip and drag, hitch]

- 1,2 Rock forward L, recover R
- 3&4 Sailor step LRL turning ¼ turn L, (end facing 12:00)
- 5&6& R heel, replace, L heel, replace
- 7-8& Point R to R side and dip with L knee, dragging R leg back up by extending L knee, hitch R (&)

[25-32 Half turn pivot, full turn, step touch step touch]

- 1,2 Step R forward, ½ turn pivot over L shoulder shifting weight to L (end facing 6:00)
- 3,4 Full turn over L shoulder, stepping R, L [variation: without turn - walk R, L]
- 5,6 Step R forward to diagonal, touch L next to R
- 7,8 Step L forward to L diagonal, touch R next to L

TAGS:-

Tag 1: On wall 2 - (modified restart) - Step, turn left, slide

- 1-14 Dance counts 1-14, facing 9:00 after the coaster step
- 15,16 Step forward R, ¼ turn over L (end facing 6:00) and slide L to meet R, shifting weight onto L (wall 3 starts at 6:00)

Tag 2: After wall 4 and 8 (tag begins and ends facing 6:00) - Funky turn, Stomp R, L, hip sways

- 1-2 (1) Step R to side, (2) step L to side making ¼ turn L
- 3-4& (3) Step R to side making ¼ turn L, (4) step L to side making ¼ turn L,
- 5,6 (5) Step forward with R and turn 1/4 turn L, facing back to 6:00 (tag starts and ends facing 6:00), (6) stomp L in place [variation: can switch the R, L stomps with heel swivels in or out, or switch out for apple jack R, L]
- 7-8 Sway hips R, L ("Get down (whoa)!") feel free to style however you want - dip hips while you sway, drop it, bend & snap, add some flavor!

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