My Teacher (aka I love my teacher)



编舞者: Niels Poulsen (DK) - October 2023

音乐: Teacher I Need You - Elton John: (iTunes etc)



Intro: 24 count intro, app. 13 secs. into track. Start with weight on L foot **2 easy restarts: After 40 counts on walls 4 and 8, facing 12:00 each time NOTE! I dedicate this dance to all the teachers in our dance world

[1 – 8] R rocking chair, step ¼ L cross, Hold

1 – 4 Rock R fwd (1), recover back on L (2), rock back on R (3), recover fwd on L (4) 12:00

5 – 8 Step R fwd (5), turn ¼ L onto L (6), cross R over L (7), Hold (8) 9:00

[9 - 16] 1/4 R X 2, cross, Hold, side rock cross, Hold

1 – 4 Turn ¼ R stepping L back (1), turn ¼ R stepping R to R side (2), cross L over R (3), Hold (4)

5 – 8 Rock R to R side (5), recover on L (6), cross R over L (7), Hold (8) 3:00

[17 – 24] Diagonally L, touch, back R, kick L to L diagonal, behind side cross, Hold

1 – 4 Step L into L diagonal (1), touch R next to L (2), step back on R (3), kick L to L diagonal (4)

* Note: from 1-4 body should be naturally angled towards L diagonal 3:00

5 – 8 Cross L behind R (5), step R to R side (6), cross L over R (7), Hold (8) 3:00

[25 – 32] Diagonally R, touch, back L, kick R to R diagonal, behind 1/4 L fwd L, fwd R, Hold

1 – 4 Step R into R diagonal (1), touch L next to R (2), step back on L (3), kick R to R diagonal (4)

* Note: from 1-4 body should be naturally angled towards R diagonal 3:00

5 – 8 Cross R behind L (5), turn ¼ L stepping L fwd (6), step R fwd (7), Hold (8) 12:00

[33 – 40] Step turn step, scuff R, walk R, scuff L, walk L, scuff R

1 – 4 Step L fwd (1), turn ½ R onto R (2), step L fwd (3), scuff R heel fwd (4) 6:00

5 – 8 Walk R fwd (5), scuff L heel fwd (6), walk L fwd (7), scuff R heel fwd (8)

* Restarts happen here on walls 4 and 8, facing 12:00 each time 6:00

[41 – 48] Slow R mambo step, kick L fwd, slow L coaster step, Hold

1 – 4 Rock R fwd (1), recover back on L (2), step back on R (3), kick L fwd (4) 6:00

5 – 8 Step back on L (5), step R next to L (6), step L fwd (7), Hold (8) 6:00

[49 – 56] Fwd R, together with L, bounce twice, fwd L, together with R, bounce twice

1 – 2 Step R fwd into R diagonal (1), step L next to R (2) ... Note: feet and body still facing 6:00

3 – 4 Bounce heels twice ending with weight on R (3 - 4) 6:00

5 – 6 Step L fwd into L diagonal (5), step R next to L (6) ... Note: feet and body still facing 6:00

6:00

7 – 8 Bounce heels twice ending with weight on L (7 - 8) 6:00

[57 - 64] Back R, touch, back L, touch, big step back R, slide L, step L together w hitch, Hold

1 – 2 Step R back to R diagonal (1), touch L next to R and clap hands (2) 6:00

3 – 4 Step L back to L diagonal (3), touch R next to L and clap hands (4) 6:00

5 – 8 Step R a big step back (5), slide L towards R (6), step L next to R hitching R knee (7), Hold (8) 6:00

Start Again!

Ending: Start wall 11, facing 12:00. The music has already started to fade out. Do your first 4 counts,

then finish dance doing a run run stomp fwd on RLR on counts 5-6-7 to end facing 12:00 12:00