No, It's Not Goodbye



编舞者: Ingrid Pakasi (INA) - November 2023 音乐: It's Not Good-Bye - Laura Pausini



Section 1: Pivot ½ Turn Left, Forward, Mambo Forward, Prissy Walk Backward (R-L), Sailor ¼ Turn Right.

1, 2, 3	Step R Forward, Turn ½ Left, Step R Forward
4 & 5	Rock R Forward, Recover on L, Step L Back

6, 7 Step R Behind L, Step L Behind R 8 & ¼ Turn Right, Step L to Side

Section 2: Cross Rock (R - L), Unwind ¾ Left, Step Forward (L - R), Close Together.

1, 2 &	Cross R Over L, Recover on L, Step R to Side
3, 4 &	Cross L Over R, Recover on R, Step L to Side

5, 6, Cross Touch R Over L, Make 3/4 Turn Left (Finish with Weight on R)

7, 8 & Step L Forward, Step R Forward, Close L Beside R

Section 3: Basic Night Club (R – L), ¼ Turn L, Step Back with Hook, Step Forward with Sweep, Hitch.

1, 2 &	Step R to Side, Step L Slightly Behind R, Cross R over
3, 4 &	Step L to Side, Step R Slightly Behind L, Cross L over
5.6	1/2 Turn Left R Back, Sten L Back and Hook R

7, 8 & Step R Forward and Sweep L from back to Front, Cross L over R, Hitch R

Section 4: Lunge R, Recover. Behind, Side, Cross, Rock Side, Recover and Turn 1/4 L, Coaster Step

1, 2	Press weight onto R and Bending Knee, Recover On L
3 & 4	Step L Behind R, Step R to Side, Cross R over L
5, 6	Rock L to Side, Recover and Turn 1/4 Left (Weight on R)
700	01

7 & 8 Step L Back, Step R Together, Step L Forward.

TAG 2 Count (After Wall 2)

1, 2 Step R Forward, Step L Beside

RESTART 2 Times

1. On Wall 5 after 16 Count

2. On Wall 6 after 30 Count, step change, close R beside L and restart)

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