(I Ain't) Wasting Time

级数: Intermediate

编舞者: Ed Evangelista (USA) - November 2023

音乐: Wasting Time (feat. Old Dominion) - NEEDTOBREATHE

#16 count intro

拍数: 64

Restart on wall 7 after 52 counts right after singer shouts "I ain't gonna waste mine!"

ROCKING CHAIR, STEP, SCUFF, STEP, SCUFF

- 1 2 3 4 Rock forward on R, recover to L, rock back on R, recover to L
- 5 6 7 8 Step forward on R, scuff L, step forward on L, scuff R

FORWARD MAMBO, KICK, STEP BACK, KICK, STEP BACK, KICK

- 1 2 3 4 Rock forward on R, recover to L, step back on R, kick L
- 5 6 7 8 Step back on L, kick R , step back on R, kick L

COASTER STEP, BRUSH, CROSS ROCK, RECOVER, STEP R SIDE RIGHT, BRUSH

- 1 2 3 4 Step back on L, step R next to L, step forward on L, brush R
- 5 6 7 8 Cross rock R over L, recover to L, step R side right, brush L

CROSS ROCK, RECOVER, SIDE, CROSS, SIDE, HEEL, STEP, CROSS

- 1 2 3 4 Cross rock L over R, recover to R, step L side left, cross R over L
- 5 6 7 8 Step L side left, touch R heel, step back on R, cross L over R

MONTEREY ¼ RIGHT, MONTEREY ¼ RIGHT

- 1 2 3 4 Point R side right, turn ¼ right, stepping on R, point L side left, step on L next to R
- 5 6 7 8 Point R side right, turn ¼ right, stepping on R, point L side left, step on L next to R 6:00

ROCKING CHAIR, JAZZ BOX ¼ RIGHT

- 1 2 3 4 Rock forward on R, recover to L, rock back on R, recover to L
- 5 6 7 8 Cross R over L, step back on L, turn ¼ right, stepping R side right, , step on L next to R 9:00

POINT, STEP, POINT, STEP, V STEP

1 2 3 4 Point R side right, step forward on R, point L side left, step L forward on L

RESTART HERE ON WALL 7 right after singer shouts "I ain't gonna waste mine!"

5 6 7 8 Step R out diagonally right, step L out diagonally left, step R back together, step L back together

V STEP, ROCK, RECOVER, TOE TOUCH, UNWIND ½ RIGHT, WEIGHT TO L

- 1 2 3 4 Step R out diagonally right, step L out diagonally left, step R back together, step L back together
- 5 6 7 8 Rock forward on R, recover to L, touch R toe behind L, unwind ½ right, keeping weight on L 3:00

END OF DANCE!

MrEd325@gmail.com





墙数:

墙数: 4