## Man Against Machine



拍数: 48 墙数: 1 级数: Intermediate

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#### Preamble:

The human values of work no longer exist. Profit rules the world and the worker is nothing more than a link in a production chain that is thrown away and replaced once worn out. Fight this system to regain your dignity...

### Intro 1 (a cappella part):

Wander from side to side, back and front, showing as much expression like rage, despair, hope, sadness and anger. Show it on your facial expression as well.

When hearing the word "Machine", return to your place and being weight on left feet, touch R toe beside L

### Intro 2: 16 counts (sound of machines):

1-2 Make a ¼ R turn and stomp RF and LF together

3&4 Pound both fists on your chest, extend your arms out in front of you then bring your arms

outstretched alongside your legs (make the move like a robotic machine)

Dance these 4 counts four times until you complete a full turn back to your front wall.

## Section 1: R Toe-Heel-hook-kick, R coaster step, scuff, L cross rock fwd x2, L 1/4 T & stomp L fwd, stomp up R beside L, stomp R fwd, stomp L fwd

| beside L, stomp R twa, stomp L twa |  |  |
|------------------------------------|--|--|
| 1&                                 | Touch R toe beside LF (R knee inward), R heel forward (R diagonal) |  |

2& Hook R in front of L shin, R kick forward

3&4& R back step (on ball), L beside R (on ball), step R forward, scuff L beside R

5&6& (jumping) Cross LF in front R, recover onto R, repeat

7&8& L1/4 T & stomp L forward, stomp up R beside L (keeping weight on L), stomp R forward (R

diagonal), stomp L forward (L diagonal)

## Section 2: Vaudevilles to the L, to the R, to the L, R beside L, large L step to the L, stomp up R beside L

| 1&2& Cross RF in front of L, step L | to the L (slightly backward), R | theel forward (R diagonal), bring |
|-------------------------------------|---------------------------------|-----------------------------------|
|-------------------------------------|---------------------------------|-----------------------------------|

R beside L

3&4& Cross LF in front of R, step R to the R (slightly backward), L heel forward (L diagonal), bring

L beside R

5&6& Cross RF in front of L, step L to the L (slightly backward), R heel forward (R diagonal), bring

R beside L

7-8 Large step L to the L, stomp up R beside L (keep weight on L)

# Section 3: R rock step fwd, R side rock step, R back rock step, stomp R beside L, L rock step fwd, L ½ T & L rock step fwd, L coaster step

1&2& R heel forward, recover onto L, R heel to the R, rercover onto L

3&4 (jumping) R back step, recover onto L, stomp R beside L

5&6& L heel forward, recover onto R, L¼ T & L heel forward, recover onto R

7&8 L back step (on ball), R beside L (on ball), step L forward

# Section 4: R kick fwd, jump out in place, swivel both heels toes heels towards the inside, swivet to the R x2, swivet to the L x2

1-2 R kick forward, jump out in place (shoulder width)

Swivel both heels inward, swivel both toes inward, swivel both heels inward (Weight on ball of LF and R heel):swivel both toes to the R, return to center x 2 (Weight on ball of RF and L heel):swivel both toes to the L, return to center x 2

### Section 5: R & L toe-heel-cross fwd, L½ T into 4 camel walks (RLRL)

| 1&2 | Touch R toe beside LF (R knee inward), R heel fwd (R diagonal), step R fwd (slightly crossed) |
|-----|---|
| 3&4 | Touch L toe beside RF (L knee inward), L heel fwd (L diagonal), step L fwd (slightly crossed) |
| 5-6 | Making a L ¼ T: Step R fwd while bringing your L ball beside R (L knee bent), step L fwd      |
|     | while bringing your R ball beside L (R knee bent).Repeat these two steps                      |
| 7-8 | Making a L 1/4T, repeat the two steps above   |

Note: On counts 5-8 your feet always remain in contact with the floor

## Section 6: R¼ T of your upper body, L ¼ T of your upper body,\* V step on heels x2\*\*

| 1&2  | Pound your fists 3 times to the R making a R ¼ T but only with your fists (extending your arms forward)           |
|------|---|
| 3&4  | Pound your fists 3 times back to the L making a L $\frac{1}{4}$ T with your fists (extending your arms forward) * |
| &5&6 | R heel fwd (R diagonal), L heel fwd (L diagonal), R back step (L diagonal), L beside R                            |
| &7&8 | Repeat **   |

Style counts 1-4: make the move like a robotic machine

\*Tag 1 (16 counts) wall 2 facing 12 o'clock after 44 counts then restart:

Tag 1 is the same as intro 2 (sound of machines)

Style: make the move like a robotic machine

\*Tag 2 (24 counts) wall 4 facing 12 o'clock after 44 counts then restart:

Tag 2 is the same as tag 1 then dance twice the first 4 counts of tag 1 facing 12 o'clock (no R ¼ T)

Style: make the move like a robotic machine

## \*\*Tag 3 at the end of wall 5 facing 12 o'clock (the music slows down)

1-8 (Cross R in front of L, unwind L ½ T during 3 counts) X 2
 9-12 Step R fwd, step L fwd, touch R beside L, hold (head down),

During the "a cappella singing" wander from side to side, back and front, showing as much expression like rage, despair, hope, sadness and anger. Show it on your facial expression as well.

When hearing the last word "Heart", return to your place and being weight on left feet, touch R toe beside L, hold 4 counts (head down). Then strike your R fist on your chest 8 times and progressively raise your head after each couple fist pounds on your heart (follow the music).

#### Final:

Dance the intro 2 twice and on the last count imitate a broken robot/machine and stop working...

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