Ni Zen Me Shuo (你怎么说)

级数: Intermediate

编舞者: Heru Tian (INA) - November 2023

音乐: Ni Zen Me Shuo (你怎麼說) - Teresa Teng (鄧麗君)

***3 Tags, 1 Restart	
***Tag 8C at the end of wall 2, 5 & 7 facing 12.00 Tag : Fwd, Together, Raise Both Hands Above Head, Bring Hands down into chest level, Drag, 4 Steps in place	
&1	Step RF fwd (&), Step LF next to RF (1) angling body facing 10.30
2	Raise both hands above head (2)
34	Bring hands down into chest level, and Drag RF to R Side over 2 counts (3,4)
5678	Step RF next to LF (5), Step LF in place (6), Step RF in place (7), Step LF in place (8)
(Optional : Sway	ys your hip while you stepping on count 5-8)
Section 1 : Slow	v Prissy Walks, Touch Fwd, Hip Roll, Sweep, Hitch
1234	Step RF cross over LF (1), Hold (2), Step LF cross over RF (3), Hold (4)
56	Touch RF slightly fwd, Start hip roll (5), Roll hip clockwise (6) Keep weight on LF
78	Sweep RF back to front (7), Hitch RF slightly cross over LF (8)
Section 2 : Syno 12&	copated Jazz Box, 1/4L Big Step Side, Drag into Touch, Shoulder Rolls, Kick Cross RF over LF (1), Step LF Back (2), Step RF to R Side (&)
34&	Cross LF over RF (3), Step RF Back (4), Step LF to L Side (&)
56	1/4L, Take a long step RF to R Side (5), Drag LF towards to RF into Touch next to RF (6)
	facing 9.00, angle body to 10.30
7&8	Roll Left Shoulder front to back (7), Roll Right Shoulder front to back (8), Kick LF to R Diagonal (8)
(Optional : Bend **Restart here d	d your knees while you rolling the shoulders on count 7&, and Return knees up while you kick) on Wall 3
(Noted : During Wall 3, you dance up to 16C, but omit the "kick" on count 16, you just need to return your knees and restart the dance facing 12.00)	
Section 3 : 3/4L	Walks and Shuffle Around, Slide, Drag, Slide, Drag
12	1/8 L, Step LF fwd (1) facing 9.00 , 1/4L, Step RF fwd (2) facing 6.00
3&4	1/4L, Step LF Fwd (3), Step RF Next to LF (&), 1/4L, Step LF Fwd (4) facing 12.00
5678	Take a long step RF to R Side (5), Drag LF towards RF (6), Take a long step LF to L Side (7), Drag RF towards LF (8)
Section 4 : Side Step	, Behind Touch, Unwind 5/8L, Bending Knees, 1/8R Back&Sweep, Back&Sweep, Coaster
&12	Step/Jump RF to R Side (&), Touch LF behind RF (1), Unwind 5/8L facing 4.30 (2) finish turning into parallel position
34	Bending Both Knees (3), Return knees (4)
56	1/8R, Step LF Back, Sweep RF front to back (5) facing 6.00, Step RF Back, Sweep LF front to back (6)
7&8	Step LF back (7), Step RF next to LF (&), Step LF fwd (8)
Start again	

Herutian79@gmail.com



拍数: 32

墙数:2