## LooK at DiS



编舞者: Andrico Yusran (INA) - November 2023

音乐: Take a Look at This - Zayde Wølf



#### TaGs:-

- After wall 3 (8 counts)

- After wall 8 ( 4 counts )

\*Start dance after intro music 32 counts\*

#### S1. \*SUGAR PUSH - SAILOR STEPS\*

1-2 Step R - L walk forward

3&4 R forward, Recover on L, R back
5-6 L back with R heel, R back with L heel
7&8 L cross behind R, R to side, L side

# S2. \*CROSS ROCK - SIDE - PUSH FORWARD - HOLD - BALL FORWARD - FORWARD - KICK BALL SIDE TOUCH\*

1&2 Step R cross over L, recover on L, R to side

3-4 L push forward, HOLD

&5-6 L ball beside R, R forward, L forward

7&8 R kick forward, R ball tap beside L, L side touch

#### S3. \*DIAMOND 1/4 TURN TO L - FORWARD - 1/2 TURN L - SHUFFLE 1/2 TURN TO L\*

1&2& Step L cross over R, R to side, L back 1/8 turn to L [10.30], R hitch [10.30]

3&4 R back , L to side [ 9.00 ] , R forward 5-6 L forward , R forward 1/2 turn to L

7&8 L forward 1/2 turn to L, R close beside L, L forward [9.00]

#### S4. \*PUSH FORWARD - HOLD - BALL FORWARD - HITCH - PIVOT 1/2 TURN TO L - WALK - WALK\*

1-2 Step R push forward, HOLD

&-3-4 R ball tap beside L , L forward , R hith [ Knee up ]

5-6 R drop forward, 1/2 turn to L in place

7-8 R - L walk forward

#### \*TAG [8 counts]\*

#### \*OUT - IN SYNCOPATED - SIDE ROCK - CLOSE - SIDE - CLOSE TOUCH\*

&1&2 Step R out , L out , R in , L in
 &3&4 R out , L out , R in , L in
 5-6 R to side , recover on L

&-7-8 R close beside L, L to side, R close touch beside L

#### \*TAG [ 4 COUNTS ]\*

#### **\*OUT - IN SYNCOPATED\***

&1&2 Step R out , L out , R in , L in &3&4 R out , L out , R in , L in

### \*Ending Steps [ 8 COUNTS ] FEEL FREE \*

#### \*WALK FORWARD - PIVOT 1/2 TURN TO L - WALK - WALK - OUT - OUT [ POSE ]\*

Step R - L walk forward , R forward , 1/2 turn to L
 R - L walk forward , R out , L out [ pose free style ]

Dancing with Your Heart...♥

Contact : ricoyusran@yahoo.com