

Ouzo

拍数: 0 墙数: 4 级数: Phrased Intermediate
编舞者: Claudia Arndt (DE) - November 2023
音乐: Ouzo - Vincent Gross



Info: The dance begins on 'Und er fragte mich, Bist du allein?'

Sequenz: A; BC; BC; D, Tag; A; BC; BC; D

The dance has a lot of counts, but it's easy to learn because there's a lot of repetition

Part/Teil A (4 wall)

A1: Walk 2, shuffle forward r + l

- 1-2 2 steps forward (r - l)
- 3&4 Step forward with right - put left foot close to right and step forward with right
- 5-6 2 steps forward (l - r)
- 7&8 Step forward with your left foot - put your right foot in front of your left foot and step forward with your left foot

A2: Cross-side-heel & cross-side-heel & 2x

- 1& Cross right foot over left and small step left with left
- 2& Tap the right hoe diagonally to the right front and bring the right foot closer to the left
- 3& Cross left foot over right and small step to the right with right
- 4& Tapping the left hoe diagonally to the left front and bringing the left foot closer to the right
- 5&-8& How 1&-4&

A3: Step, pivot ¼ l 2x, ¼ turn l/stomp up, hold 3

- 1-2 Step forward with right - 1/4 turn left on both balls, weight at end left (9 o'clock)
 - 3-4 How 1-2 (6 o'clock)
 - 5-8 1/4 turn left and right foot next to left stomp (without weight change) – Hold
- [6-8] (3 o'clock)

Part/Teil B (4 wall; starts the 1st time towards 3 o'clock)

B1: Heel, touch back, shuffle forward, side-behind-side-cross-rock side turning ¼ r-step

- 1-2 Tap on the right heel at the front - Tap on the tip of the right foot at the back
- 3&4 Step forward with right - put left foot close to right and step forward with right
- 5& Step left with left and right foot cross behind left
- 6& Step left with left and right foot cross behind left
- 7&8 Step left with left - 1/4 turn to the right, weight back on right foot and Step forward with the left (6 o'clock)

B2: Heel, touch back, shuffle forward, side-behind-side-cross-rock side turning ¼ r-step

- 1-8 Same as step sequence B1 (9 o'clock)

B3: Heel, touch back, shuffle forward, side-behind-side-cross-rock side turning ¼ r-step

- 1-8 Same as step sequence B1 (12 o'clock)

Part/Teil C (4 wall; starts the 1st time towards 12 o'clock)

C1: Walk 2, shuffle forward r + l

- 1-8 Same as step sequence A1

C2: Cross-side-heel & cross-side-heel & 2x

- 1-8 Same as step sequence A2

C3: Step, pivot ½ l

1-2 Step forward with right - 1/2 turn left on both bales, weight at end left (6 o'clock)

Part/Teil D (Sirtaki-Part: 1 wall; starts the 1st time towards 9 o'clock; Option: Grasp the hands of the dancers on the right and left)

D1: Touch, heel, shuffle in place r + l

1-2 Tap the tip of the right foot next to the tip of the left foot (knee inwards) - Tap the right heel next to the left foot tap on (toe outwards)
3&4 3 steps on the spot (r - l - r)
5-6 Tapping the tip of the left foot next to the tip of the right foot (knee facing inwards) - Left hoe next to right Foot tap on (toe outwards)
7&8 3 steps on the spot (l - r - l)

D2: Side, behind, side, kick across, side, cross, side, kick across

1-2 Step to the right with the right (just put the hoe down) - Cross your left foot behind your right foot

(bending your knees a bit)

3-4 Step to the right with the right - kick the tip of the left foot diagonally to the right in front
5-6 Step left with left (just put the heel down) - cross right foot over left foot

(bending his knees a little)

7-8 Step to the left with the left - kick the tip of the right foot diagonally to the left in front

D3 - D6: Repeat D1 + D2 2x

1-8 D1 und D2 2x repeat (the music will speed up)

D4: Touch, heel, shuffle in place r + l

1-8 How D1

D5: Side, behind, side, kick across, side, hold 3

1-2 Step to the right with the right (just put the hoe down) - Cross your left foot behind your right foot

(bending his knees a little)

3-4 Step right with right - tap left toe to the right of right
5-8 Step Left with Left - Hold [6-8]

(End: The dance ends after '5' at the 2nd D - direction 12 o'clock; at the end 'Cross right foot over left and pose')

Tag: (2 wall; starts at 9 o'clock)

T1-1: Rocking chair

1-2 Step forward with right foot - weight back on left foot
3-4 Step backwards with right foot - weight back on left foot

T1-2: Walk 2, shuffle forward r + l

1-8 How A1

T1-3: Step, pivot ¼ l, 2x, ¼ turn l, close

1-2 Step forward with right - 1/4 turn left on both balls, weight at end left (6 o'clock)
3-4 How 1-2 (3 o'clock)
5-6 1/4 turn to the left and step to the right with the right - bring the left foot closer to the right (12 o'clock)

T1-4 - T1-5: Repeat T1-2 + T1-3

T1-2 and T1-3 Try again (3 o'clock)

Step description was created by Get In Line (Thank you very much Rainer)

