

# Händer upp / Hands up AB

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 4  
编舞者: Åsa Lund (FIN) - October 2023  
音乐: Händer upp - Carola

级数: Absolute Beginner



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## Sektion 1: Walk forward, point, walk back, touch

- 1-4                walk straight forward R L R, point L to left side
- 5-8                walk straight back L R L, touch R beside L

## Sektion 2: K-step

- 1-2                step R diagonally forward to right side, touch L next to R
- 3-4                step L diagonally back to left side (starting point), touch R next to L
- 5-6                Step R diagonally back to right side, touch L next to R
- 7-8                Step L diagonally forward to left side (starting point), touch R next to L

## Sektion 3: Point, touch, step, touch x 2

- 1-2                point R to right side, touch R next to L
- 3-4                step to right side with R, touch L next to R
- 5-6                point L to left side, touch L next to R
- 7-8                step L with L foot, touch R next to L

## Sektion 4: Monterey with quarter turn right (wall 3:00), V-step with "hands up"

- 1-2                Point R to right side, draw R back and turn 1/4 to right (3:00)
- 3-4                point L to left, step L beside R
- 5-6                step R diagonally forward to right side, step L diagonally forward to left side (\*hands-up movement)
- 7-8                step R back to starting point, Step L next to R.

**\*option: hands-up movement during steps 5-6 in sektion 4**

**Start again! No tags or restarts, just enjoy!**

**Last Update: 25 Jan 2024**

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