Beautiful Life



编舞者: Via Sylvia (INA) - December 2023

音乐: Beautiful Life - Ace of Base



Intro Count: 48 (on lyric)
Restart on 3rd wall after 16C

S1 Skate R/L – diagonal shuffle forward – skate L/R diagonal shuffle forward

1-2 R sliding diagonal forward, L sliding diagonal Forward

3&4 R diagonal step forward. L behind R, R diagonal step forward

5-6 L sliding diagonal forward., R sliding diagonal forward

7&8 L diagonal step forward, R behind L, L diagonal step forward

S2 Diagonal back R/L - side close - bounce twice

1-2 R diagonal back, touch L next to R3-4 L diagonal back, touch R next to L

5-6 R to side, close L net to R

7-8 Bounce both heels twice weight on L

Restart here on third wall facing 06.00

S3 Vine R - Rolling vine L

1-2 R to side, L behind R3-4 R to side, touch L next to R

5-6
½ L step L forward. ½ L stepping R back
7-8
¼ L step L to side, touch L next to R

Option: you can vine R n L

S4 V step with 1/8 turn R twice

1-2 Turn 1/8 R stepping R to diagonal R forward, step L diagonal forward

3-4 Step R back to centre, step L next R

5-8 repeat 1-4

Dance with your heart □

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