Country Proud

级数: Beginner

编舞者: Laura Simpson (AUS) - November 2023

音乐: Country Proud - Taylor Moss

Vine Right, Vine Left

- 1-4 Step R to Right side, cross L behind Right, step R to Right side, touch L next to Right
- 5-8 step L to Left side, cross R behind Left, step L to Left side, touch R next to Left.

Kick R and touch L to left side, Kick L and touch R to right side, 1/2 pivot, 1/2 pivot.

- Kick R forward, & step R and touch L to Left side 1&2
- 3&4 Kick L forward, step L and touch R to Right side
- 5-8 step forward R pivot 1/2 left shifting weight to L foot, step forward R pivot 1/2 shifting weight to Left foot.
- Note don't want to or can't do the turn substitute the 2x 1/2 turns for a rocking chair.

Rock, Recover, Shuffle Back, Rock Recover Shuffle Forward

- 1,2 Rock R forward, recover weight L.
- 3&4 step R back, Step L together, Step R back
- 5,6 Rock back L recover weight R.
- Step L forward, Step R together, Step L forward 7&8

Mambo R, Mambo L, 1/2 pivot walk R, L

- 1&2 step R to right side, recover weight to L, step R beside L
- 3&4 step L to left side, recover weight to R, step L beside R
- 5-8 step R fwd pivot 1/2 shifting weight to L foot, walk Right, Walk Left





拍数: 32

墙数:2