

Strong Enough

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Erika Guilfuchi (USA) - December 2023
音乐: Strong Enough (feat. Bailey Zimmerman) - Jonas Brothers



Dance begins 16 counts after music starts. (There will be a break in the lyrics when the dance starts. If you start on the lyrics it will need a restart in a weird spot. If started here no restart or tag is needed)

No Tags, No Restarts

[1-8] Kick, together, point, Slide L In, Cross shuffle, ¼ forward shuffle

1&2 R kick forward, together on R, point L to side.
3,4 Slide L to center
5&6 L cross shuffle
7&8 ¼ turn into a R forward shuffle.

[9-16] L Rock recover, L coaster, R rocking chair

1,2 Rock L, recover R
3&4 L coaster step
5,6 Rock R forward, recover L
7,8 Rock R back, recover L

[17-24] ¼ turn R heel grind rock, coaster step, ¼ turn L heel grind rock, coaster step

1,2 R ¼ turn heel grind rock
3&4 R coaster step
5,6 L ¼ turn heel grind rock
7&8 L coaster step

[25-32] V-Step, Scuff R, touch front, 2 twists

1,2 Step R foot out to R diagonal, Step L foot to left diagonal
3,4 Step R foot in to center, step L foot in to center
5,6 scuff R foot forward, touch toe in front with a bent knee
7,8 Twist foot 2x (like squishing a bug)
