Always One More (P)



编舞者: Tom Brooks (USA) & Renea Brooks (USA) - August 2023

音乐: Down to Your Last One More - Billy Dean



Intro: 16 counts

Body Position: Sweetheart or Cape Like Footwork, Weight on Right Foot

No Tags, No Restarts

HAND POSITION: For the Following Counts 5-8, Man Drops Ladies Left Hand In Front and Picks It Up Behind Man and In Front of Lady While Maintaining Right Hand to Right Hand

[1-8] WALK, WALK, TRIPLE FWD, 1/4 SIDE, TOGETHER, SIDE, TRIPLE SIDE

1-2 Step forward L, step forward R

3&4 Step forward L, step R next to L, step forward L
5-6 Turn ¼ left, stepping side R, step L next to R
7&8 Step side R, step L next to R, step side R

HAND POSITION: For the Following Counts 1-4, Maintain Left and Right Hands Behind Man and In Front of Lady, THEN for Counts 5-8, Man Drops Ladies Left Hand and Picks It Up In Front After ¼ Turn and Raises Right Hand Up and Over Ladies Head to Return Right Hand to Original Position at Ladies Right Shoulder

[9-16] GRAPEVINE RIGHT SIDE, CROSSING TRIPLE, 1/4 WALK, WALK, TRIPLE FWD

1-2 Step L behind R, R to side3&4 Left crossing right triple, L-R-L

5-6 Turn ¼ right, step forward R, step forward L

7&8 Step forward R, step L next to R, step forward R

HAND POSITION: While Completing Counts 1-2, Man Switches to Ladies Right Side With Left Hands at Ladies Shoulder and Right Hands in Front at Belt Level and Maintains That Hand Position For Counts 3&4 and 7&8. For Counts 5-6, Man Drops Ladies Right Hand, Maintains Left Hands for Turn

[17-24] STEP, ½ TURN, TRIPLE FWD, STEP, ½ TURN, STEP, ½ TURN, TRIPLE FWD

1-2 Step L, ½ turn R

3&4 Step forward L, step R next to L, step forward L

5-6 Step turn ½ left, Step turn ½ left

7&8 Step forward R, step L next to R, step forward R

HAND POSITION: While Completing Following Counts 5-6, Man Switches to Ladies Left Side With Left Hands in Front at Belt Level and Right Hands at Ladies Shoulder

[25-32] ROCK, RECOVER, COASTER, STEP, ½ TURN, TRIPLE

1-2 Step forward L, Recover R3&4 Step back L, back R, forward L

5-6 Step R, ½ turn L

7&8 Step forward R, step L next to R, step forward