Wrap Me Up



编舞者: Lynn Luccisano (USA) - December 2023

音乐: Wrap Me Up - Jimmy Fallon & Meghan Trainor

或: Need a Boat - Morgan Wallen 或: Made You Look - Meghan Trainor



#32 count intro-start on the word "Tie" No Tags & No Restarts!

Note: For a non Christmas song, this choreography can also be danced to Need A Boat by Morgan Wallen-32 count intro-no tags or restarts

Made You Look by Meghan Trainor- 32 count intro- no tag or restarts

STEP BACK ON DIAGONAL R- L- R. TOUCH L. STEP BACK ON DIAGONAL L-R-L TOUCH R

1-2 Step RF back on slight diagonal angling body to the L diagonal, step LF together (10:30)

3-4 Step RF back on slight diagonal, touch LF next to RF

5-6 Step LF back on slight diagonal angling body to the R diagonal, step RF together (1:30)

7-8 Step LF back on slight diagonal, touch RF next to LF

[for styling you can fan your knees out in out as step back]

STEP BACK ON RF, TOUCH LF, STEP LF FWD, SCUFF/ HITCH RF, GRAPEVINE 1/4 TURN L

1-2 Step back on RF, touch LF next to RF (12:00)3-4 Step fwd on LF, scuff RF with a little hitch

5-6 Turn ¼ L stepping on the RF, Step LF behind RF (9:00)

7-8 Step RF to the R side, touch LF next to RF

GRAPEVINE OR ROLLING VINE LT, STEP RF FWD, STEP LF TOGETHER, STEP RF FWD, TOUCH LF

1-2 Step LF to the L side, step RF behind LF3-4 Step LF to the L side, touch RF next to L

5-6 Step RF fwd, step LF next to RF7-8 Step RF fwd, touch LF next to RF

[optional rolling vine: Turn ¼ L stepping on the LF (6:00), turn ¼ L stepping on the RF (3:00), turn ½ L stepping on the LF, touch RF next to LF (9:00)]

STEP LF BACK, TOUCH RF, TURN ¼ R ON RF, TOUCH LF, TURN ¼ R ON LF, TOUCH RF, BUMP R HIP UP DOWN

1-2 Step back on LF, touch RF next to LF

3-4 Turn ¼ R stepping on RF, (12:00), touch LF next to RF
5-6 Turn ¼ R stepping on LF, touch RF next to LF (3:00)

7-8 Bumps R hip up then down

End of dance! Merry Christmas! @ Contact: Lynn Luccisano- cheralike13@aol.com

Last Update - 19 Feb. 2024 - R2