Take The Stage

拍数: 32

级数: Absolute Beginner

编舞者: Sherry Kemp (USA) - December 2023

音乐: Show Me What You Got - Ricky Cage

或: Under The Mistletoe - Kelly Clarkson & Brett Eldredge

Begin on lyrics

S1 Small step forward, brush (alternating R, L, L, R, repeat ending in R brush)

- 1-4 R step forward, L brush forward, L step forward, R brush forward
- 5-8 (Repeat 1-4)

S2 Rocking chair x2

- 1-4 R step forward, step on L, R step back, step on L
- 5-8 (Repeat 1-4)

S3 Cross, hold, side, hold, behind, hold, point, hold

- 1-4 R cross L, hold, L step left, hold,
- 5-8 R step behind L, hold, L point left, hold

S4 Cross, hold, side, hold, 1/4 turn, hold, touch, hold

- 1-4 L cross R, hold, R step right, hold,
- 5-8 L step 1/4 left, hold, R touch, hold

No tags or restart.

Show Me ends 1 beat after the 1/4 left touch on the 5th return to the 9:00 wall. Option for L arm up and R arm facing 12:00 on that last beat. Option to raise "your hands in the air" on lyrics during rocking chair on first and second 6:00 wall.

Alternative music for teach and repeat: Winter Wonderland - Lauren Daigle Feels Like The Holidays - Scotty McCreery, Home To Me - Jeffery East

Wishing the spirit of the holidays every day to all our dance community and beyond





墙

墙数:4