# Gonna Get Down



拍数: 32 墙数: 4 级数: Intermediate

编舞者: Tim Johnson (UK) - December 2023

音乐: DO IT FOR ME (feat. UGENE NGHT) - KATZIR



# Count In: Dance begins after music intro (16 counts)

# [1-8] Walk R, 1/4 right, Sailor touch, ball cross, R side, behind 1/4 forward

1 -2 Walk forward R (1) Making a ¼ turn right step L to left side (2)
3&4 Step R behind L (3) Step L to left side (&) touch R next to L (4)

Step weight onto the ball of your R (&) Cross L over R (5) Step R to right side (6)

Step L behind R (7) Making a ¼ turn right, step forward on R (&) Walk forward L (8)

\*end facing 6 o'clock

## [9-16] Walk R, Step L diagonal, Rock recover side, L behind, 1/4 R, 1/2 hip roll

1-2 Step forward R (1), Step L out to left diagonal (2)

3&4 Rock R behind L (3) Recover weight to L (&) Step R to right side (4)

5-6 Step L behind R (5) making a ¼ turn right, step forward R (6)

7-8 Making a ½ right, step back on L as you roll hips clockwise (7) continue rolling hips ending

with weight on L (8)

\*end facing 3 o'clock

### [17-24] Step R, hitch, R shuffle, Rock L, sweep, behind and infront

1-2	Step forward R (1) Lock L behind R as you hitch R knee up (2)
3&4	Step forward on R (3) Step L behind R (&) Step forward on R (4)

5-6 Rock forward on L (5) Recover onto R as you sweep L anticlockwise from front to back (6)

7&8 Step L behind R (7) Step R to right side (&) Cross L over R (8)

### [25-32] R side rock, recover, weave, 1/4, 1/2, 1/4 sailor

1-2 Rock R to right side as you push hips to the right (1) recover weight back on L as you pull

hips backwards (2)

3&4 Step R behind L (3) Step L to left side (&) Cross R over L (4)

5-6 making a ¼ turn left, step L to left side (5) making a ½ turn left step forward on R (6) making a ¼ turn left, step L behind R (7) recover weight R (&) Step L to left side (8)

\*end facing 3 o'clock

End of dance, Smile and enjoy □